



Class Calendar – September 28 – October 9, 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Sept. 28 911 - Bethesda Men's Group (A) 10:30 - 12:00</p> <p>910 - Men's Discussion (A) 10:30 - 12:00</p> <p>136 - Jules Verne: The Father of Science-Fiction and an Armchair Navigator 1:00 - 2:15</p>	<p>Sept. 29 912 - M/W Discussion (C) 10:30 - 12:00</p> <p>110 - Leadership in Crisis: The Early Chapters of Samuel 10:30 - 12:00</p> <p>142 - Trade Policy and the 2020 Election 10:30 - 11:30</p> <p>143 - Pompeii 1:00 - 2:30</p> <p>913 - M/W Discussion (A) 1:00 - 2:30</p> <p>802 - Gentle Yoga 1:00 - 2:00</p> <p>140 - History Cafe: Diversity in the American Colonial Era 3:00 - 4:00</p>	<p>Sept. 30 914 - M/W Discussion (B) 10:30 - 12:00</p> <p>144 - Musicals That Transport Us 10:30 - 12:00</p> <p>705 - Caregivers Support Group 11:00 - 12:00</p> <p>703 - Happy Feet 12:00 - 12:45</p> <p>145 - Being a Kid in the Stone Age 4:00 - 5:15</p>	<p>Oct. 1 146 - Healthy Heart 10:30 - 11:30</p> <p>915 - Women's Discussion 10:30 - 12:00</p> <p>916 - Men's Discussion (B) 1:00 - 2:30</p> <p>147 - Aristotle: The Father of Thought 1:00 - 2:30</p> <p>141 - Travel Cafe: Japan 3:00 - 4:00</p> <p>114 - Meditation for Stress Relief in Uncertain Times 4:00 - 4:45</p>	<p>Oct. 2 917 - Bethesda Men's Group (B) 10:00 - 11:30</p> <p>912 - M/W Discussion (C) 10:30 - 12:00</p> <p>148 - Victorians and Gothics 10:30 - 11:45</p> <p>149 - Beethoven's Opera Fidelio 1:00 - 2:30</p> <p>800 - Better Balance 1:30 - 2:30</p> <p>704 - Memory Café 2:00 - 3:00</p>



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<p>Oct. 5 150 - Maintaining Your Immune Health in the Face of COVID-19 and Other Viruses 10:30 - 11:30</p> <p>910 - Men's Discussion (A) 10:30 - 12:00</p> <p>911 - Bethesda Men's Group (A) 10:30 - 12:00</p> <p>151 - Sports in a Pandemic 1:00 - 2:30</p> <p>801 - Qi Gong/Tai Chi 1:00 - 2:00</p>	<p>Oct. 6 152 - Election Security 10:30 - 11:30</p> <p>912 - M/W Discussion (C) 10:30 - 12:00</p> <p>143 - Pompeii 1:00 - 2:30</p> <p>913 - M/W Discussion (A) 1:00 - 2:30</p> <p>802 - Gentle Yoga 1:00 - 2:00</p> <p>153 - Book Discussion: Rodham: A Novel 3:00 - 4:30</p> <p>134 - Palomar: Bridge to the Stars 4:00 - 5:15</p>	<p>Oct. 7 144 - Musicals That Transport Us 10:30 - 12:00</p> <p>914 - M/W Discussion (B) 10:30 - 12:00</p> <p>154 - The Golden Age of TV 1:00 - 2:00</p> <p>155 - WOW Wednesday 4:00 - 5:00</p>	<p>Oct. 8 156 - Math 10:30 - 11:45</p> <p>916 - Men's Discussion (B) 1:00 - 2:30</p> <p>157 - August Wilson: The Makings of a Culture Bearer 1:00 - 2:30</p> <p>158 - Meditation for Stress Relief in Uncertain Times 4:00 - 4:45</p>	<p>Oct. 9 917 - Bethesda Men's Group (B) 10:00 - 11:30</p> <p>912 - M/W Discussion (C) 10:30 - 12:00</p> <p>159 - Staying Safe Online 1:00 - 2:30</p> <p>800 - Better Balance 1:30 - 2:30</p>
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