



Join Us Online (for FREE)!

These **FREE** programs offer a great opportunity to connect with the Oasis community and try an online class.

506 Caregivers Support Group Series

Roberta Drucker, LCSW-C

Wed, May 5-Jun 30 | 11am-12pm | Free

509 WOW Wednesday

Oasis Staff and Special Guest

Wed, May 5 | 4-5pm | Free

524 Understanding Dementia-Related Behavior

Sheila Griffith, Alzheimer's Association

Fri, May 14 | 10:30-11:30am | Free

526 Using Zoom on Your Computer (for novice users)

Deeva Garel and Victor Rezmovic, Technology Instructors

Mon, May 17 | 3-4pm | Free

529 Using Zoom on Your Mobile Device (for novice users)

Deeva Garel and Victor Rezmovic, Technology Instructors

Tue, May 18 | 3-4pm | Free

536 Talk and Walk for Breast Cancer Survivors

Jamie Borns, RN, BSN, CBPN-IC, Suburban Hospital

Fri, May 21, Jun 25 | 10:30am-12pm | Free

538 How to Host Zoom Meetings

Deeva Garel and Victor Rezmovic, Technology Instructors

Mon, May 24 | 3-4:30pm | Free

546 WOW Wednesday

Oasis Staff and Special Guest

Wed, Jun 2 | 4-5pm | Free

551 Venmo, Apple Pay, Zelle: Using Payment Apps Safely

Tracy D. Rezvani, Mont. Co. Office of Consumer Protection

Mon, Jun 7 | 1-2pm | Free

564 Foot and Ankle Arthritis

John Michael Thompson, M.D.

Wed, Jun 16 | 1-2pm | Free

574 Rehabilitation of the Hand and Arm

Yael Meredith, MSOT, OTR/L

Mon, Jun 28 | 10:30-11:30am | Free

577 Medicare Basics

John Norce, President, MedicarePortal

Wed, Jun 30 | 10:30-11:30am | Free

Life After COVID-19... How Will Our World Change?



* The Post-Pandemic Economy

Greg Ip, Chief Economics Commentator, Wall Street Journal

Fri, May 7 | 10:30-11:30am | \$10 | Class #513

Facing Re-Entry: Managing Your Mental and Physical Health

Lucy Martin McBride, MD, Internal Medicine Physician

Fri, May 7 | 1-2pm | \$10 | Class #514

Pandemic Silver Lining: Better Healthcare?

John Whyte, MD, MPH, Chief Medical Officer, WebMD

Wed, Jun 9 | 1-2pm | \$10 | Class #556

*Class is co-listed on Oasis Everywhere but please register on the Washington Metro site.



Online Classes

Full class descriptions are available on our website: washington-metro.oasiseverywhere.org

**Class is co-listed on Oasis Everywhere but please register on the Washington Metro site.*

Art & Literature

*521 History of Modern Art at the National Gallery

Judy Scott Feldman, Ph.D.
Wed, May 12 | 1-2:30pm | \$15

534 Iconic American Poets

Anna Shuster, Planet Word Museum
Thu, May 20-Jul 1 | 3-4pm | \$40

*537 Edward Hopper

Bonita Billman, Art History Lecturer
Mon, May 24 | 10:30am-12pm | \$15

554 The Love Poems of Edgar Allan Poe

Chris Semtner, Curator, Poe Museum
Wed, Jun 9 | 10:30-11:30am | \$10

*568 Edgar Degas

Bonita Billman, Art History Lecturer
Tue, Jun 22 | 10:30am-12pm | \$15

572 Frieda's Song

Ellen Prentiss Campbell, Author
Thu, Jun 24 | 10:30-11:30am | \$10

578 Dashiell Hammett: Detective Fiction Pioneer

Daniel Stashower & Scott Sedar
Wed, Jun 30 | 1-2:30pm | \$15

*580 Ancient and Medieval Treasures at the Walters Art Museum

Judy Scott Feldman, Ph.D.
Thu, Jul 1 | 1-2:30pm | \$15

Current Events

516 Biden's First Five Months

Steve Roberts, Journalist and Author
Mon, May 10 | 10:30am-12pm | \$15

518 Analysis of a Police Shooting

John McCarthy, MoCo State's Attorney
Tue, May 11 | 10:30am-12pm | \$15

523 Biden's Security Policy

Melvin Goodman, Adjunct Prof, JHU
Thu, May 13 | 1-2:30pm | \$15

552 Maryland Legislative Update

John McCarthy, MoCo State's Attorney
Tue, Jun 8 | 10:30am-12pm | \$15

*571 Twenty Years in Afghanistan

Melvin Goodman, Adjunct Prof, JHU
Wed, Jun 23 | 1-2:30pm | \$15

573 Politics of Petroleum Meets Climate Change

Molly Williamson, Middle East Inst.
Thu, Jun 24 | 1-2:30pm | \$15

Discussion Groups

View a full listing of weekly discussion groups on the Oasis website.

490 Book Discussion: The Daughter of Time

Jonina Duker, Book Discussion Leader
Tue, May 25 | 3-4:30pm | \$15

491 Book Discussion: Jack

Jonina Duker, Book Discussion Leader
Tue, Jun 22 | 3-4:30pm | \$15

510 Women's Discussion Group

Libby Merrill, Facilitator
Thu, May 6-Jul 29 | 10:30am-12pm | \$20

Film & Television

*519 Carl Reiner and Mel Brooks

Brian Rose, Prof. (ret.), Fordham U.
Tue, May 11 | 1-2:15pm | \$13

*553 Rockin' Hollywood

Brian Rose, Prof. (ret.), Fordham U.
Tue, Jun 8 | 1-2:15pm | \$13

563 Doris Day

Dan Rose, Writer, Editor and Educator
Wed, Jun 16 | 10:30am-12pm | \$15

*566 2001: A Space Odyssey

Dan Sherman, Music/Film Instructor
Thu, Jun 17 | 1-2:30pm | \$15

Health & Exercise

501 Gentle Qi Gong and Tai Chi

Kim Brooks, Holistic Health Instructor
Mon, May 3-Jun 28 | 1-2pm | \$88

504 Gentle Yoga

Kim Brooks, Holistic Health Instructor
Tue, May 4-Jun 22 | 1-2pm | \$88

508 Build Better Balance (A)

Aubrey Reinmiller, PT, CPT
Wed, May 5-Jun 23 | 1-2pm | \$88

515 Build Better Balance (B)

Aubrey Reinmiller, PT, CPT
Fri, May 7-Jun 25 | 1:30-2:30pm | \$88

522 Spice Up Your Life with Herbs

Pat Kenny, MoCo Master Gardener
Thu, May 13 | 10:30-11:30am | \$10

530 Brain Games

Kim Brooks, Holistic Health Instructor
Wed, May 19 | 1-2pm | \$10

History

503 The President's Cabinet

Dr. Lindsay Chervinsky, Historian
Tue, May 4 | 1-2:30pm | \$15

505 Regency Aesthetics: Bridgerton

Michelle Fitzgerald, JHU Museums
Wed, May 5 | 10:30-11:30am | \$10

507 Unelected Leaders: First Ladies

Katherine Jellison, Prof., Ohio Univ.
Wed, May 5 | 1-2:30pm | \$15

512 The Jeffersonian Revolution of 1800

Denver Brunsman, GW Univ.
Thu, May 6 | 1-2:30pm | \$15

*517 Latin America, The US & WWII

Naomi Daremblum, Mont. Coll.
Mon, May 10 | 1-2:30pm | \$15

520 The History of Advertising, Part I

Barbara Blumberg, Baltimore County CC
Wed, May 12-19 | 10:30am-12pm | \$30

Washington Metro Oasis and Oasis Everywhere: What's the Difference?

Washington Metro Oasis offers a wide array of online classes to keep you informed and engaged. Additionally, you can go to Oasis Everywhere (store.oasiseverywhere.org) where you will find content from other Oasis centers to enrich your Oasis experience.

Selected Washington Metro classes are posted on Oasis Everywhere (In the Location field, they say "Zoom-Washington Metro Oasis"). To optimize our revenue from these classes (noted by *), please register for them on our local website: washington-metro.oasiseverywhere.org. Thank you!

528 The Barbary Pirates

Joseph Snyder, International Lecturer
Tue, May 18 | 1-2pm | \$10

*532 The Crusades

David B Lindauer, Lt. Colonel (Ret.)
Thu, May 20-27 | 10:30am-12pm | \$30

533 Soviet Judgment at Nuremberg

Dr. Francine Hirsch, Univ. of Wisconsin
Thu, May 20 | 1-2:15pm | \$13

535 Reconsidering Christopher Columbus

Naomi Darembaum, Mont. Coll.
Fri, May 21 | 10:30am-12pm | \$15

541 The History of Advertising, Part II

Barbara Blumberg, Baltimore County CC
Wed, May 26-Jun 2 | 10:30am-12pm | \$30

542 The Nazi Titanic

Robert Watson, PhD, Lynn University
Wed, May 26 | 1-2:15pm | \$13

*543 The Tragedy of Tom Paine

Richard Bell, Professor of History, UMD
Thu, May 27 | 1-2:30pm | \$15

545 Explore C&O Canal Lockhouses

Heather Barnes, C&O Canal Trust
Wed, Jun 2 | 1-2pm | \$10

*547 Remembering Baseball Greats

Phil Hochberg, Attorney/Sport Announcer
Thu, Jun 3 | 10:30am-12pm | \$15

548 Bayard Rustin: Architect of Civil Rights

Carol Watchler, Outreach Coordinator
Thu, Jun 3 | 1-2:15pm | \$13

*562 Destruction of Slavery in Civil War

Richard Bell, Professor of History, UMD
Tue, Jun 15 | 1-2:30pm | \$15

*576 Machiavelli: War for Fun and Profit

David B Lindauer, Lt. Colonel (Ret.)
Tue, Jun 29 | 10:30am-12pm | \$15

579 Wolf Hall: Why Fiction is the Best Way to Experience History

Michael Bevel, Classics in Context
Thu, Jul 1 | 10:30am-12pm | \$15

Humanities & Science

*549 How Do We Know There Are Atoms

Steven Gimbel, Gettysburg College
Fri, Jun 4 | 10:30am-12pm | \$15

560 Disasters in the Bible

Gideon Amir, Hebrew Scholar
Tue, Jun 15-29 | 10:30am-12pm | \$45

Practical Information

531 Take Better Pictures

Judy Ackerman, PhD., Mont. Coll.
Wed, May 19-26 | 3-4:30pm | \$30

539 Off the Beaten Path: Coastal Virginia

Barbara Paulson, Travel Specialist
Tue, May 25 | 10:30am-12pm | \$15

555 Introduction to Facebook

Deeva Garel, Technology Instructor
Wed/Fri, Jun 9-11 | 10:30am-12pm | \$30

558 Get Rid of Your "Stuff"

Joyce Nohowel, Moyer Moving Group
Thu, Jun 10 | 1-2:15pm | \$13

559 Estate Planning: Ten Things to Know

Bernadette Sweeney, Elder Law Atty.
Mon, Jun 14 | 1-2pm | \$10

561 Advanced Care Planning

M. Jane Markley, RN
Tue, Jun 15 | 10:30am-12pm | \$15

567 ABC's of Selling Your Home

Dorie Glass, Long & Foster Real Estate
Mon, Jun 21 | 1-2:30pm | \$15

570 On (and Off) the Beaten Path: Normandy, France

Barbara Paulson, Travel Specialist
Wed, Jun 23 | 10:30am-12pm | \$15

Theatre & Music

*500 Sun Records

Daryl Davis, Musician
Mon, May 3 | 10:30am-12pm | \$15

511 Supermusicals: Wicked

Ellen Katz, Musical Educator
Thu, May 6 | 10:30am-12pm | \$15

525 The Origins of Jazz

Seth Kibel, Musician and Composer
Mon, May 17-24 | 1-2:30pm | \$30

*527 The Musical Art of Frank Loesser

Dan Sherman, Musical Theatre Instructor
Tue, May 18 | 10:30am-12pm | \$15

540 Music and Healing

Jesse Palidofsky, Songwriter & Folk DJ
Tue, May 25-Jun 1 | 1-2:30pm | \$30

550 Roy Orbison: Caruso of Rock'n'Roll

Daryl Davis, Musician
Mon, Jun 7 | 10:30am-12pm | \$15

557 Premieres and Debuts

Scott A Wood, Arlington Philharmonic
Thu, Jun 10 | 10:30am-12pm | \$15

565 Supermusicals: Hairspray

Ellen Katz, Musical Educator
Thu, Jun 17 | 10:30am-12pm | \$15

569 Aaron Copland

Seth Kibel, Musician and Composer
Tue, Jun 22-29 | 1-2:30pm | \$30

Washington Metro Oasis
Suburban Hospital
8600 Old Georgetown Road
Bethesda, MD 20814

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Dated Material
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Find Your Oasis Online!

Join us this spring for these hot topics and more...



Winning the Cold War in Moscow

Jonna Mendez, Author & CIA Veteran
Tue, May 4 | 10:30am-12pm | \$15
Class #502



The President and the Press: What Now?

Paul Farhi, The Washington Post
Tue, Jun 1 | 10:30-11:30am | \$10
Class #544



* Forgotten Empires and Kingdoms of Africa

Carroll Gibbs, Historian/Author
Mon, Jun 28 | 1-2pm | \$10
Class #575

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Register online: washington-metro.oasiseverywhere.org | Contact us: washingtonmetro@oasisnet.org