

November - December 2021

## Dear Oasis Friends,

Our doors are open! It's been wonderful reconnecting with so many of you over the past month. As vaccine boosters are rolled out, we hope to see even more of you here in person when you are ready. We will continue to offer hybrid classes (offered both in-person and online) as well as online-only programs. We listened to your feedback and have moved the start time for morning classes back to 10:30 am.

For in-person classes:

- Participants and instructors are required to show proof of vaccination
- Masks are required (although instructors will not wear their mask during their talk)
- Classroom capacity will be reduced with physically-distanced seating

Registration for classes will continue to be online. BUT if you need assistance with registration, don't hesitate to call or email us. (We have working phones again! See our contact information and office hours on the next page.)

We will soon be saying a fond farewell to Tutor Coordinator Sue Moser, who is retiring at the end of October. She has wisely and creatively led the tutoring program for the past six years. We wish her well; she will be greatly missed. A search has begun for her successor.

Sincerely,

Anna, Janice, Karla, Leah and Sue



Photos by Judy Ackerman

## Join Us Today for FREE!

Your health and well-being shouldn't come at a cost.  
Do something good for yourself and try one of our free classes today!

### Resolving Conflict

Christopher Page, Conflict Resolution Center of MoCo  
Thu, Nov 4 | 1:30-2:30pm | #817 | **Online**

### Memory Café

Sheila Griffith, Alzheimer's Association  
Fri, Nov 5 & Dec 3 | 2-3pm | #820 | **Online**

### Caregivers Support Group

Roberta Drucker, LCSW-C  
Wed, Dec 1 | 11am-12pm | #826 | **Online**  
*\*This program is being sponsored by Family and Nursing care.*

### Beating Back Prediabetes

Leni Barry, RN, MA, Suburban Hospital  
Fri, Nov 12 | 10:30-11:30am | #830 | **Online**

### Eating for Diabetes and Prediabetes

Thu Huynh, RD, LDN  
Mon, Nov 22 | 1:30-2:30pm | #845 | **Online**

### Advance Care Planning/Medical Considerations

M. Jane Markley, Health Care Ethics Advisor  
Mon, Nov 22 | 10:30am-12pm | #844 | **At Oasis**  
*\*This program is being sponsored by CarePlus Home Health*

### Improving Your Balance

Kim Brooks, Holistic Health Instructor  
Fri, Dec 10 | 10:30-11:30am | #865 | **Online**  
*\*This program is being sponsored by CarePlus Home Health*

### Laughter Yoga: Be Proactive with your Health

Larissa Johnson, Edutainer  
Wed, Dec 15 | 3-3:30pm | #873 | **Online**



# Hybrid Classes (In-person and Online)

All classes below will be offered in-person at the Oasis center **and** online via Zoom.

Read full class descriptions and register on our website: [washington-metro.oasis everywhere.org](http://www.washington-metro.oasis everywhere.org)

*\*Class is co-listed on Oasis Everywhere but please register on the Washington Metro site*

## **\*How Do We Know What We Know?**

Steven Gimbel, Gettysburg College

Tue, Nov 2 | 10:30am-12pm | \$18 | #812

## **Juke Box Musical**

Steven Friedman, Music Historian

Wed, Nov 3 & 10

10:30am-12pm | \$10 | #814

*\*This class is being underwritten by the Robin Fields Memorial Lecture Fund.*

## **Taiwan: What's At Stake?**

Robert Sutter, George Washington Univ.

Thu, Nov 4 | 10:30am-12pm | \$18 | #816

## **Ghost Fleet of Mallows Bay, MD**

Susan Langley, MD Historical Trust

Tue, Nov 9 | 10:30-11:30am | \$12 | #823

## **Hitler's U-boats in America**

Dr. Kevin Matthews, Assistant Professor of History, George Mason University

Thu, Nov 11 | 10:30-11:30am | \$12 | #828

## **\*How Do We Know What is Right?**

Steven Gimbel, Gettysburg College

Tue, Nov 16 | 10:30am-12pm | \$18 | #835

## **Fighting the Opiate Epidemic**

John McCarthy, MoCo State's Attorney

Wed, Nov 17 | 10:30am-12pm | \$18 | #838

## **Sinatra Style**

Julie Kurzava, Faculty, Loyola University

Thu, Nov 18 | 10:30am-12pm | \$18 | #840

## **The Boston Tea Party**

Richard Bell, University of Maryland

Tue, Nov 23 | 10:30am-12pm | \$18 | #846

## **Giants of Italian Sculpture: David**

Nora Hamerman, Art Historian

Tue, Nov 30 | 10:30am-12pm | \$18 | #848

## **\*Exploits of Julius Caesar**

David B Lindauer, Lt. Colonel (Ret.)

Wed, Dec 1 | 10:30am-12pm | \$18 | #852

## **President Biden and the Middle East**

Melvin Goodman, Johns Hopkins Univ.

Thu, Dec 2 | 10:30am-12pm | \$18 | #854

## **Capital Bluegrass**

Kip Lornell, Corcoran School of the Arts

Fri, Dec 3 | 10:30-11:45am | \$15 | #855

## **Fresh Look/Book of Genesis**

Michael Bevel, Classics in Context

Mon, Dec 6 | 10:30am-12pm | \$18 | #857

## **Who Are The Maori?**

Joseph Snyder, International Lecturer

Tue, Dec 7 | 10:30-11:30am | \$12 | #859

## **\*Enjoying 'Casablanca'**

Dan Sherman, Musical Theatre Instructor

Thu, Dec 9 | 10:30am-12pm | \$18 | #863

## **Understanding Cryptocurrency**

Owen Ullmann, Journalist and Author

Mon, Dec 13 | 10:30am-12pm | \$18 | #866

## **Great New Orleans Kidnapping Case**

Michael Ross, University of Maryland

Tue, Dec 14 | 10:30am-12pm | \$18 | #868

## **\*Valley Forge Winter and the Man Who Made It Count**

Richard Bell, University of Maryland

Wed, Dec 15 | 10:30am-12pm | \$18 | #871

## **Grand Juries**

John McCarthy, MoCo State's Attorney

Thu, Dec 16 | 10:30am-12pm | \$18 | #874

## THANK YOU OASIS VOLUNTEERS!

From planning classes and hosting Zoom sessions to completing administrative work from home, our volunteers have kept Oasis afloat throughout the challenges of the pandemic. Thank you all so much - we wouldn't be here without you!

## INTERESTED IN JOINING OUR VOLUNTEER TEAM?

We are looking for additional volunteers to assist with hosting our classes - both in-person and from home. Contact Leah Russi at [lrussi1@jhmi.edu](mailto:lrussi1@jhmi.edu) for more information.

We are also looking for Program Committee volunteers to help recruit instructors and book programs. Contact Janice Pliner at [jpliner1@jhmi.edu](mailto:jpliner1@jhmi.edu) for more information.



## CONTACT US!

### WASHINGTON METRO OASIS

Macy's Home Store (2nd floor)  
Westfield Montgomery Mall  
7125 Democracy Blvd.  
Bethesda, MD 20817



### HOURS

Mon - Thurs, 10am - 4pm

### MAIN NUMBER

240-800-3745

### EMAIL

[washingtonmetro@oasisnet.org](mailto:washingtonmetro@oasisnet.org)

### WEBSITE

[washington-metro.oasisnet.org](http://www.washington-metro.oasisnet.org)



# Online-Only Classes

All classes below will be offered online-only via Zoom.

Read full class descriptions and register on our website: [washington-metro.oasiseverywhere.org](http://washington-metro.oasiseverywhere.org)

*\*Class is co-listed on Oasis Everywhere but please register on the Washington Metro site*

## How to Host Zoom Meetings

Deeva Garel and Victor Rezmovic

Mon, Nov 1 | 1:30-3pm | \$18 | #811

## History of Rock Radio

Richard Neer, Novelist and Radio Host

Tue, Nov 2 | 1:30-2:30pm | \$12 | #813

## Thanksgiving: Myth v. Reality

Bill Kenety, Mayflower Descendant

Wed, Nov 3 | 1:30-3pm | \$18 | #815

## Windows 10 Pains

Gary Cahn, Computer Instructor

Fri, Nov 5 & 12 | 10:30am-12:30pm

\$48 | #818

## Build Better Balance

Aubrey Reinmiller, PT, CPT

Fri, Nov 5-Dec 17 | 1:30-2:30pm | \$66 | #819

## \*Hidden Native History of DC

Armand Lione, DC Native History Project

Mon, Nov 8 | 1:30-2:45pm | \$15 | #822

## Gentle Yoga

Kim Brooks, Holistic Health Instructor

Tue, Nov 9-Dec 14 | 1-2pm | \$66 | #824

## Thoreau: Public Conscience

Dan Rose, Writer, Editor and Educator

Tue, Nov 9 | 1:30-2:45pm | \$15 | #825

## History of UFOs

Greg Eghigian, Penn State University

Wed, Nov 10 | 1:30-2:45pm | \$15 | #827

## \*Footsteps of Alexander the Great

Nick Glakas, International Lecturer

Thu, Nov 11 | 1:30-2:30pm | \$12 | #829

## Hogarth: Britain's Famed Satirist

Bonita Billman, Art History Lecturer

Fri, Nov 12 | 1:30-3pm | \$18 | #831

## Gentle Qi Gong and Tai Chi

Kim Brooks, Holistic Health Instructor

Mon, Nov 15-Dec 20 | 1-2pm | \$55 | #833

## Washington Football:

### Glory Days/Promising Future?

Phil Hochberg and Mike Richman

Mon, Nov 15 | 1:30-3pm | \$18 | #834

## Moviegoing: Nickelodeons to Netflix

Brian Rose, Professor (ret.), Fordham U.

Tue, Nov 16 | 1:30-2:45pm | \$15 | #836

## History Café Discussion: Hamilton

Denver Brunsman, GWU

Tue, Nov 16 | 3-4pm | \$12 | #837

## \*Pioneering Black Women of American Music

Daryl Davis, Musician

Wed, Nov 17 | 1:30-3pm | \$18 | #839

## Using Free Google Tools

Deeva Garel, Technology Instructor

Thu, Nov 18 & Fri, Nov 19

10:30am-12pm | \$36 | #841

## \*Frankenstein: Monster and Myth

Dan Sherman, PhD

Thu, Nov 18 | 1:30-3pm | \$18 | #842

## Off the Beaten Path: Naples/Amalfi Coast

Barbara Paulson, Travel Specialist

Fri, Nov 19 | 1:30-3pm | \$18 | #843

## History of American Department Stores

Barbara Blumberg Ressin, CCBC

Tue, Nov 23 | 1:30-3pm | \$18 | #847

## Disasters in the Bible

Gideon Amir, Hebrew Scholar

Tue, Nov 30-Dec 14

10:30am-12pm | \$54 | #849

## Heyday of Baltimore's Beloved Department Stores

Barbara Blumberg Ressin, CCBC

Tue, Nov 30 | 1:30-3pm | \$18 | #850

## Book Discussion:

### *This Is How It Always Is*

Jonina Duker, Book Discussion Leader

Tue, Nov 30 | 3-4:30pm | \$18 | #851

## Unsung Heroes of Jazz History

Seth Kibel, Musician and Composer

Thu, Dec 2 | 1:30-3pm | \$18 | #853

## Back Up Your Computer Before It Dies

Gary Cahn, Computer Instructor

Fri, Dec 3 | 1:30-3:30pm | \$24 | #856

## \*Everyday Life in American Art: Kimmel to Rockwell

Bonita Billman, Art History Lecturer

Mon, Dec 6 | 1:30-3pm | \$18 | #858

## The Partnership That Saved The World

Nick Glakas, International Lecturer

Tue, Dec 7 | 1:30-2:30pm | \$12 | #860

## Cokie: A Life Well-Lived

Steve Roberts, Journalist and Author

Wed, Dec 8 | 10:30-11:45am | \$15 | #861

## Abraham Lincoln As You Never Knew Him

Robert Watson, Lynn University

Wed, Dec 8 | 1:30-3pm | \$18 | #862

## Mozart, the Divine Spirit

Ernest Liotti, Faculty, Peabody Institute

Thu, Dec 9 & Fri, Dec 10

1:30-3pm | \$36 | #864

## Music from the Heartland

Daryl Davis, Musician

Mon, Dec 13 | 1:30-3pm | \$18 | #867

## \*How Disney Conquered the Entertainment Universe

Brian Rose, Professor (ret.), Fordham U.

Tue, Dec 14 | 1:30-2:45pm | \$15 | #869

## History Café Discussion:

### Mary Silliman's War

Denver Brunsman, GWU

Tue, Dec 14 | 3-4pm | \$12 | #870

## \*The Timeless Appeal of Roman Art

Judy Scott Feldman, Art Historian

Wed, Dec 15 | 1:30-3pm | \$18 | #872

## \*African Kingdoms: Kush, Nubia, & Benin

Carroll Gibbs, Historian/Author

Thu, Dec 16 | 1:30-2:30pm | \$12 | #875

## The 1939 World's Fair

Allen Pietrobbon, Trinity Univ.

Fri, Dec 17 | 10:30-11:45am | \$15 | #876

## \*Off the Beaten Path: Lisbon

Barbara Paulson, Travel Specialist

Fri, Dec 17 | 1:30-3pm | \$18 | #877

Washington Metro Oasis  
Suburban Hospital  
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## Titans of the Supreme Court

When the Constitution was written in 1787, the Founders viewed the U.S. Supreme Court as the weakest branch of government. Today, the Court's decisions influence every aspect of our Nation's life. This course will explore the Court's evolution and the judicial titans responsible for it.

Join Dick Wegman and Paul Hoff, both attorneys and US Senate Committee Counsel (Ret.), for this three-part series offered both in-person at Oasis and online via Zoom.

Sign up for one, two or all three sessions in this series!



### Part 1: From the Founding to the Civil War

Mon, Nov 1 | 10:30am-12pm | \$18 | #810

### Part 2: From Laissez Faire to the Liberal Era

Mon, Nov 8 | 10:30am-12pm | \$18 | #821

### Part 3: The Warren Court to the Roberts Era

Mon, Nov 15 | 10:30am-12pm | \$18 | #832