



# Oasis Classes

September - October 2022

To register for classes  
call Oasis at  
**240-800-3745**

## **910 Men's Discussion Group (A)**

*Oasis Members*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 20

### **Online Class**

Monday, Sep 5 - Dec 26, 10:30 AM - 12:00 PM

Fee: \$30 17 sessions

## **911 Bethesda Men's Discussion Group (A) - formerly Monday mornings at BCC**

*Oasis Members*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 18

### **Online Class**

Monday, Sep 5 - Dec 26, 10:30 AM - 12:00 PM

Fee: \$30 17 sessions

## **912 Men's/Women's Discussion Group (C) - formerly Tuesday mornings at NPCC**

*Oasis Members*

This group meets on Tuesdays at 10:30 am and on Fridays at 12:30 pm. It provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest.

Topics for discussion are selected by the group.

Limit: 20

### **Online Class**

Tuesday, Friday, Sep 6 - Dec 30,

10:30 AM - 12:00 PM

Fee: \$30 34 sessions

## **913 Men's/Women's Discussion Group (A)**

*Oasis Members*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 20

### **Online Class**

Tuesday, Sep 6 - Dec 27, 01:00 PM - 02:30 PM

Fee: \$30 17 sessions

## **914 Men's/Women's Discussion Group (B)**

*Oasis Members*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 20

### **Online Class**

Wednesday, Sep 7 - Dec 28,

10:30 AM - 12:00 PM

Fee: \$30 17 sessions

## **916 Men's Discussion Group (B)**

*Oasis Members*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 20

### **Online Class**

Thursday, Sep 8 - Dec 29, 01:00 PM - 02:30 PM

Fee: \$30 17 sessions

## **917 Bethesda Men's Discussion Group (B) - formerly Friday mornings at BCC**

*Oasis Facilitators*

This group provides a forum to engage in intellectual conversation with a peer group and explore areas of common interest. Topics for discussion are selected by the group.

Limit: 23

### **Online Class**

Friday, Sep 9 - Dec 30, 10:00 AM - 11:30 AM

Fee: \$30 17 sessions

## **500 Steve Roberts on Election 2022: What to Expect**

*Steve Roberts, Journalist and Author*

Steve Roberts has been a journalist for almost 60 years, covering some of the major events of his time, including fourteen presidential election campaigns. As a broadcaster, Roberts appears regularly as a political analyst on the ABC radio network and writes a nationally-syndicated newspaper column. He teaches politics and journalism at George Washington University, and lectures widely on American politics and the role of the news media. Join Steve for a look at the upcoming 2022 Congressional midterm and gubernatorial elections

### **Online Class**

Monday, Sep 12, 10:30 AM - 12:00 PM

Fee: \$18

## **502 Falls Are Coming - You'd Better Be Ready!**

*Jim Resnick, Program Manager, Senior Outreach & Education, Montgomery County Fire and Rescue Service*

September is National Falls Prevention Month! Join Jim Resnick, Battalion Fire Chief at Montgomery County Fire Rescue Service (ret), to learn about the national and local data for falls, home and bathroom safety features to reduce the risk of falling, what is a home safety check, who to call, when to call and why to call.

### **Online Class**

Monday, Sep 12, 1:00 PM - 2:00 PM

Free

## **501 The Feminist Challenge to Freud: The Work of Karen Horney**

*Oliva M. Espin, Ph.D*

Karen Horney began as one of the first few women students of Freud. However, her theories eventually challenged some traditional Freudian views. She disagreed with Freud about the psychology of women and she traced human psychological conflicts to society and culture rather than to biology. This was particularly true of her theories of sexuality and the development of human personality. These theories, rejected by many male scholars of the time, are today widely influential and relevant. In this presentation, we will discuss her life, ideas, and most important writings and contributions to psychology and feminist thought.

### **Online Class**

Monday, Sep 12, 1:00 PM - 2:30 PM

Fee: \$18

## **503 The Beginning, End and Future of Reproductive Rights (AT OASIS)**

*Barbara Blumberg Ressin, CCBC*

The true history of Roe v. Wade was never about women's rights or autonomy. The case preceding Roe, which laid the constitutional groundwork and subsequent answer for Roe, was a case in Connecticut about citizens being allowed to use contraceptives. Married couples were prohibited from using contraceptives in their own homes. The year was 1965, not 1879 when the law was first passed. The argument for Roe came from the 9th and 14th Amendment, which guarantee the right to privacy to individuals. However, now we're back to where we started, before abortion was legal. What will this new landscape look like for women?

### **Oasis**

Tuesday, Sep 13, 10:30 AM - 12:00 PM

Fee: \$18

### **503 The Beginning, End and Future of Reproductive Rights (ONLINE)**

*Barbara Blumberg Ressin, CCBC*

The true history of Roe v. Wade was never about women's rights or autonomy. The case preceding Roe, which laid the constitutional groundwork and subsequent answer for Roe, was a case in Connecticut about citizens being allowed to use contraceptives. Married couples were prohibited from using contraceptives in their own homes. The year was 1965, not 1879 when the law was first passed. The argument for Roe came from the 9th and 14th Amendment, which guarantee the right to privacy to individuals. However, now we're back to where we started, before abortion was legal. What will this new landscape look like for women?

#### **Online Class**

Tuesday, Sep 13, 10:30 AM - 12:00 PM

Fee: \$18

### **504 The Great Philosophers: Marcus Aurelius**

*Peter Bolland, MA, Professor of Philosophy and Humanities, Southwestern College*

When he wrote about his career challenges, the perils of fame, and the fleeting pleasures of life, Marcus Aurelius knew what he was talking about. Emperor of Rome, leader of legions of soldiers, and philosopher at heart, Marcus left behind for us his journal, one of the most beloved books in the Western canon. At the heart of Stoicism is this notion: that we control almost none of the circumstances of our lives, but we have absolute autonomy over our reactions to them. Like Buddhism in the East, Stoicism offers clear, down to earth, and straightforward guidance for how to navigate this challenging life.

#### **Online Class**

Tuesday, Sep 13, 1:00 PM - 2:30 PM

Fee: \$18

### **905 Sunrise Yoga**

*Carole Moskowitz, Certified Yoga Instructor*

Sunrise Yoga is a yoga class designed to increase strength and flexibility while incorporating fitness based mindful movement through a progressive series of poses that accommodate all fitness levels. Exercises may be performed seated or standing. Wear comfortable clothing, have a mat or non-slip surface, a sturdy chair and water with you.

#### **Online Class**

Tuesday, Sep 13 - Dec 13, 1:00 PM - 2:00 PM

Fee: \$168 14 sessions

### **919 Let's Talk - Discussion Group (B): ONLINE ONLY**

*Beth Kimel*

This group provides the opportunity to meet new people, learn from others' experiences and perspectives, and engage in intellectual discussion within a peer group. Discussion topics are pre-selected, although suggestions are welcome. This group will not cover topics regarding politics. This group will meet online through Zoom. Limit: 14

#### **Online Class**

Wednesday, Sep 14 - Oct 19,

10:00 AM - 11:00 AM

Fee: \$12 6 sessions

## **505 How the Supreme Court's Bruen Decision Affects State Gun Laws (AT OASIS)**

*John McCarthy, Montgomery County State's Attorney*

The Supreme Court struck down a New York law that required residents to show “good cause” for carrying a weapon when applying for a permit. Maryland has a similar “good cause” requirement that is now unconstitutional under the new ruling. However, it is still constitutional to require people to apply for permits and meet certain restrictions. For example, residents under the age of 21, cannot get a permit. People with certain criminal records cannot get a permit. Also, there are certain sensitive areas where people cannot carry a weapon such as schools and courtrooms.

### **Oasis**

Wednesday, Sep 14, 10:30 AM - 12:00 PM

Fee: \$18

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*John McCarthy, Montgomery County State's Attorney*

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### **Online Class**

Wednesday, Sep 14, 10:30 AM - 12:00 PM

Fee: \$18

## **901 Caregivers Support Group**

*Roberta Drucker, LCSW-C*

Even when caring for a loved one is an act of love, it still takes many new skills and a great deal of energy. It also raises a lot of questions. Our Caregiver Series offers a place to learn from the experiences of others and to encourage those who are in similar circumstances. The sessions will be facilitated by compassionate professionals. Some sessions will spotlight expert guest speakers on a variety of topics to support you in your caregiving journey. Most sessions will allow time for questions and group discussion. This group is strictly for those who are in a caregiver role. This series is sponsored by Family and Nursing Care.

### **Online Class**

Wednesday, Sep 14 - Dec 14,

11:00 AM - 12:00 PM

No class Wednesday, November 23

Free, 7 sessions

## **506 Know Van Gogh: Shattering Myths and Appreciating the Artist (AT OASIS)**

*Lisa Lipinski, Assistant Professor of Art History, Corcoran School of the Arts & Design*

This class will explore Van Gogh's life and personality, shattering myths about Van Gogh and providing an in-depth visual analysis of his most famous paintings along the way. It will trace his development as an artist and take on some of the common misperceptions of him and his work – for example, that he was a solitary and mad genius of popular culture. It also will explore his relationships with his brother Theo and the artist Paul Gauguin and the actions Theo's wife took that brought posthumous recognition to Van Gogh.

### **Oasis**

Wednesday, Sep 14, 1:00 PM - 2:15 PM

Fee: \$15

### **506 Know Van Gogh: Shattering Myths and Appreciating the Artist (ONLINE)**

*Lisa Lipinski, Assistant Professor of Art History, Corcoran School of the Arts & Design*

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#### **Online Class**

Wednesday, Sep 14, 1:00 PM - 2:15 PM

Fee: \$15

### **507 Thumpin' and Pumpin' Women of Boogie Woogie Piano (ONLINE)**

*Daryl Davis, Musician*

The hard-driving, piano-pounding style that is most often associated with men like Jerry Lee Lewis, Little Richard, Pinetop Perkins and a host of others often overshadows the contributions to the idiom by women. We'll take a look and listen to some of the thumpin' and pumpin' piano women from Katie Webster, and Martha Davis to the present younger generation who now carry the torch, like Marcia Ball.

#### **Online Class**

Thursday, Sep 15, 10:30 AM - 12:00 PM

Fee: \$18

### **507 Thumpin' and Pumpin' Women of Boogie Woogie Piano (AT OASIS)**

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#### **Oasis**

Thursday, Sep 15, 10:30 AM - 12:00 PM

Fee: \$18

### **508 Life in the Fast Lane with "The Eagles"**

*Jane Ellen, Performer, Composer, and Recording Artist*

From humble beginnings in 1971, The Eagles quickly became one of the most successful American rock bands of the decade, racking up six Grammy Awards. Despite disbanding for over a decade and taking a short break between 2016-17, the band is back together again. Modern-day audiences will have certainly heard some of their greatest hits, such as "Desperado", "Hotel California", and "Take it Easy".

#### **Online Class**

Thursday, Sep 15, 1:00 PM - 2:30 PM

Fee: \$18

### **509 Stop the Bleed - Save a Life**

*Dany Westerband, Trauma Medical Director, Suburban Hospital*

Learn how to act as an immediate responder to help save lives when disaster strikes.

Individuals with little or no medical training will learn how use their hands to apply pressure to a wound, pack a wound to control bleeding, how to correctly apply a tourniquet. These three techniques will empower you to assist in an emergency and potentially save a life. Get trained!

#### **Online Class**

Thursday, Sep 15, 3:00 PM - 4:00 PM, Free

### **903 Build Better Balance**

*Aubrey Reinmiller, PT, CPT*

Improving your balance can help prevent falls and enhance your mobility! Each session will include strength training of your core and legs as well as stretching for common tight areas. You will learn practical strategies and tips for preventing falls while enjoying some fun balance and coordination exercises. Exercises may be performed seated or standing. Wear supportive shoes and have a sturdy chair, light weights, and water with you. Limit 25.

#### **Online Class**

Friday, Sep 16 - Dec 16, 1:30 PM - 2:30 PM  
No class Friday, November 25  
Fee: \$156 13 sessions

### **902 Memory Café - Support Group**

*Sheila Griffith, Program Manager, Alzheimer's Association National Capital Area Chapter*

Are you or a loved one experiencing issues with memory loss or other cognitive impairment? Do you have trouble with your daily activities? Join us for a fun and social way for you to meet and spend time with others experiencing a similar journey. You are not alone. Limit: 18

#### **Online Class**

Friday, Sep 16 - Dec 16, 2:00 PM - 3:00 PM  
Free 7 sessions

### **510 1,000 Years of Music History in 60 Minutes**

*Chris Burns, Many-Strings*

We will begin this musical journey in the 1st Century and enjoy Medieval Europe, danceable Renaissance tunes, the music of the Baroque and Classical masters, and much more! We will hear ancient chants and ballads to the fabulous orchestral soundtracks of the present. This hour is designed to allow you to experience gorgeous music through time.

#### **Online Class**

Friday, Sep 16, 6:00 PM - 7:00 PM  
Fee: \$12

### **511 James A.M. Whistler: A Life for Art's Sake**

*Bonita Billman, Art History Lecturer*

(This class coincides with the National Gallery exhibit: The Woman in White: Joanna Hiffernan and James McNeill Whistler, through October 22 in the East Building.)

American expatriate, dandy, irascible personality and conscientious artist, James A.M. Whistler worked in multiple media—drawing, printmaking, pastel and oil.

Famously denying any narrative content in his portraits and landscapes, he entitled his works using musical nomenclature. We'll explore Whistler's profound effect on American art.

#### **Online Class**

Monday, Sep 19, 10:30 AM - 12:00 PM  
Fee: \$18

### **512 America's Natural Wonders on Display**

*Lola Sparrowhawk, Award-Winning Author and Historian*

The United States has a never-ending display of spectacular natural occurrences. From frozen waterfalls to boiling lava flows, and from massive bird migrations to endless wildflower fields, America is home to a wide variety of astounding sights. Join this lecture for an inside view of some of Mother Nature's most incredible spectacles in North America.

#### **Online Class**

Monday, Sep 19, 1:00 PM - 2:00 PM  
Fee: \$12

### **513 Living in the Moment: Overcoming Challenges and Finding Moments of Joy in Alzhei**

*Elizabeth Landsverk, MD*

Dementia is one of most feared of diseases. The most difficult step is early diagnosis. Join Dr. Landsverk to learn about the most common types of dementia, the factors that affect cognition in older adults and what can interfere with correct diagnosis, common medications used in treatment, treating pain and finding help.

#### **Online Class**

Monday, Sep 19, 1:00 PM - 2:00 PM  
Free

## 514 Refresh Your Mah Jongg Game

*Nancy Kay, Mah Jongg Instructor*

Are you ready to resume playing this fun and social game, but need a refresher? Want to meet other players and form a group? We will do a quick review of the card, the charleston, and NMJL rules. Some tips on the new card will be included. If you don't have a card, you can purchase one at Oasis for \$9. Limit: 16

### Oasis

Monday, Sep 19, 1:30 PM - 3:30 PM

Fee: \$24

## 515 Leonard Bernstein: Man of the Theatre

*Dan Sherman, Musical Theatre Instructor*

A man of prodigious talents, Leonard Bernstein is perhaps best known for several Broadway shows, including the legendary "West Side Story." This class will examine his significant body of work for theater, including "Mass," which will be performed at the Kennedy Center in September. The class will link highlight his innovations in bringing new styles of music to theatre (including opera) and include many performance clips.

### Online Class

Tuesday, Sep 20, 10:30 AM - 12:00 PM

Fee: \$18

## 516 The Vikings

*Henry George, Engineer, Archaeologist and Geologist*

The Vikings have long conjured images of ruthless raiders. However, they were also skilled seamen, fearless explorers, warrior-conquerors, nation builders, and astute merchants. This lecture will set the stage for the Viking Age from CE 790 to 1100, and will discuss the times when the Viking Dragon Ships spread terror and devastation across the seas and rivers of Europe. We will then explore how the Vikings built their distinctive ships to sail in the open ocean waters and how they founded numerous nations that exist today.

### Online Class

Tuesday, Sep 20, 1:00 PM - 3:00 PM

Fee: \$24

## 517 Book Discussion: "Silverview" (the last novel of John le Carré)

*Jonina Duker, Certified Book Discussion Leader*

For over six decades, John le Carré wrote spy novels that first defined and then transcended the genre. His novels changed how Britain's intelligence agencies MI5 and MI6 conducted their work. Our selection is his twenty-sixth and final published novel; his youngest son promised to ensure no books were left unpublished by his death. From that son: "My father is in these pages, striving as he always did to tell the truth, spin the yarn, and show you the world. Welcome to Silverview."

Please read the book so you can participate in our structured, facilitated, Zoom discussion.

Author: John le Carré, 2021.

(Note: Please join the meeting at 3 pm if you would like some assistance using the features of Zoom. Otherwise, join us at 3:15 pm for the start of our discussion.)

### Online Class

Tuesday, Sep 20, 03:00 PM - 04:30 PM

Fee: \$18

## 518 Balance and Fall Prevention

*Lynn Koenig, PT Clinical Specialist*

Join John Natale, physical therapist at Suburban Hospital, in a lecture regarding what contributes to our sense of balance, how to improve our balance, and how to prevent falls both at home and in the community.

### Online Class

Wednesday, Sep 21, 10:30 AM - 11:30 AM

Free



### **519 The Magic of Fred Astaire**

*Brian Rose, Professor (ret.), Department of Communication and Media Studies, Fordham University*

Fred Astaire was one of the twentieth century's greatest magicians—his sorcery depended on making some of the most complex dancing ever seen on the screen seem as effortless as breathing. Revered as a genius by everyone from Balanchine to Baryshnikov, Astaire appeared in a total of 133 dance numbers in 31 films, a significant portion of which are considered timeless classics of movie choreography. This talk will survey the sweep of Astaire's remarkable career, looking at his work both as a soloist and as the most romantic dance partner in Hollywood history.

#### **Online Class**

Wednesday, Sep 21, 1:00 PM - 2:15 PM

Fee: \$15

### **520 The Informed Eye: How to Look at Paintings (ONLINE)**

*Judy Scott Feldman, Ph.D., Art Historian/National Mall Coalition*

How do painters manipulate our perceptions and communicate their visions through composition, line, brushwork, texture and color? Why do paintings of the same subject move us, repel us, excite us in vastly different ways? Learn to look critically at paintings and develop informed opinions in this exploration of basic art principles, painting styles, techniques and artists in Western art.

#### **Online Class**

Thursday, Sep 22, 10:30 AM - 12:00 PM

Fee: \$18

### **520 The Informed Eye: How to Look at Paintings (AT OASIS)**

*Judy Scott Feldman, Ph.D., Art Historian/National Mall Coalition*

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#### **Oasis**

Thursday, Sep 22, 10:30 AM - 12:00 PM

Fee: \$18

### **521 The Supreme Court's New Term**

*David Fontana, Samuel Tyler Research Professor, George Washington University School of Law*

We will discuss the most important cases the Supreme Court will decide in the next year, and where the Court goes after its controversial prior term. Professor Fontana regularly consults with Congress, presidential campaigns, and foreign constitution-drafters on issues of constitutional law.

#### **Online Class**

Thursday, Sep 22, 1:00 PM - 2:15 PM

Fee: \$15

## **523 Walking Tour of Woodend Nature Sanctuary**

*Bradley Simpson, Restoration Manager,  
Audubon Naturalist Society*

Enjoy the gardens, forest, meadows, and stream at Woodend, headquarters of the Audubon Naturalist Society. We will take a leisurely walk to highlight the efforts taken to restore native biodiversity to this urban oasis. Native plant formal gardens, forest and meadow restoration, permeable trails, and a newly restored stream will all be explored during our walk. Even if you took the Oasis tour last fall, there is plenty new to see. Participants are responsible for their own transportation. Woodend is located at 8940 Jones Mill Road, Chevy Chase, MD 20815. Bathrooms in the mansion will be available, as well as a composting toilet along our walk. We will primarily be walking on solid ground or mowed areas. The trail in the forest is wheelchair accessible.

### **Trip**

Friday, Sep 23, 10:30 AM - 12:30 PM  
Fee: \$25

## **524 Ennio Morricone: Italian Giant of Dramatic Film Music**

*Chris Burns, Many-Strings*

Ennio Morricone composed gorgeous music that at times is transcendental and other times textured and intense. He was especially gifted at composing music for diverse story locations and historical moments: from the Wild West to South America to Rome. And he has been honored throughout the world! This hour will celebrate his genius with context and history.

### **Online Class**

Friday, Sep 23, 6:00 PM - 7:00 PM  
Fee: \$12

## **525 The Axial Age: The Birth of World Religions**

*Frank Newton, Ph.D*

About 2500 years ago, there were amazing historical developments in China, India, Persia, Israel, and Greece that led to powerful cultural and spiritual transformations. The effects still resonate and shape our world to this day. During this "Axial Age," the great philosophies and religions of the world were born, inspired by many of the world's greatest thinkers and teachers -- such as Socrates, Plato, Buddha, Zoroaster, Confucius, the Hebrew prophets, and more. Dr. Frank Newton will delve into this fantastic era, discussing the great figures who led the way and exploring the cultural and cognitive factors that contributed to this world-changing period.

### **Online Class**

Monday, Sep 26, 1:00 PM - 2:30 PM  
Fee: \$18

## **526 The Philosophy of Abortion**

*Peter Bolland, MA, Professor of Philosophy and Humanities, Southwestern College*

By now we're all familiar with the pro and con arguments surrounding America's most contentious political debate: abortion. But how aware are we of the often-unstated philosophical positions underpinning those familiar arguments? Join us for this philosophical inquiry into the big questions the abortion debate draws to the surface: When does life begin? What do different religions and wisdom traditions say about that? What does liberty or freedom really mean? Do we own our own bodies? How does the Fourteenth Amendment (granting a "right to life") intersect with the First Amendment (prohibiting the establishment of a state religion)? No matter your current views, join us for this important work.

### **Online Class**

Tuesday, Sep 27, 1:00 PM - 2:30 PM  
Fee: \$18

## **527 Sugarloaf Mountain's Surprising History (AT OASIS)**

*Ralph D Buglass, Montgomery County Historical Society*

Sugarloaf Mountain, a private oasis of natural beauty and scenic vistas that is open to the public, nearly became Camp David. It almost ended up with a modernistic structure designed by Frank Lloyd Wright sitting atop its peak. Come hear about these and other historical oddities of this tiny mountain that sits all by itself just over the Montgomery County line in Frederick County.

See also: Class #546, Oasis visit and tour at Sugarloaf, October 12.

### **Oasis**

Wednesday, Sep 28, 10:30 AM - 12:00 PM

Fee: \$18

## **527 Sugarloaf Mountain's Surprising History (ONLINE)**

*Ralph D Buglass, Montgomery County Historical Society*

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See also: Class #546, Oasis visit and tour at Sugarloaf, October 12.

### **Online Class**

Wednesday, Sep 28, 10:30 AM - 12:00 PM

Fee: \$18

## **528 Benjamin Banneker and The African Roots of His Science**

*Carroll Gibbs, Historian/Author*

Born to free black parents in 1731, Benjamin Banneker was a naturalist, mathematician, astronomer and almanac author. He was also a landowner who worked as a surveyor and farmer. In this class, we will explore the seminal African scientific and cultural African influences that influenced the life and works of our country's first great black scientist.

### **Online Class**

Wednesday, Sep 28, 1:00 PM - 2:00 PM

Fee: \$12

## **529 Exercises to Help You Build Strength and Prevent Falls!**

*Aubrey Reinmiller, PT, CPT*

Do you ever feel imbalanced? Have you, or a loved one, had a fall or two in the past year? Come to this interactive class in which a neurological physical therapist assistant and personal trainer, Aubrey Reinmiller, will clarify the most common reasons for imbalance while learning some exercises you can do to improve your balance! In this class, we will also learn about the different body systems that contribute to your sense of balance and practical exercises that can help make you steady. Please have a stable chair, a pillow, a pencil, a notepad, and your enthusiasm easily available!

### **Online Class**

Wednesday, Sep 28, 3:00 PM - 4:00 PM

Free

### **530 The Mongols: How a Small Nomadic Tribe Built an Empire (AT OASIS)**

*David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps*

The Mongol Horde enjoyed a fearsome reputation as a largely undefeated fighting force. They conquered China, terrorized Eastern Europe, sacked Baghdad, and attacked the Mamluks in Egypt. Their military prowess won them the largest contiguous land empire in history: Their conquests stretched from Eastern Europe to the Pacific Ocean. This course takes a look at how a small Asiatic tribe was able to accomplish all this and exercise an influence that lasted for more than 300 years over world history.

#### **Oasis**

Thursday, Sep 29, 10:30 AM - 12:30 PM

Fee: \$18

### **530 The Mongols: How a Small Nomadic Tribe Built an Empire (ONLINE)**

*David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps*

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#### **Online Class**

Thursday, Sep 29, 10:30 AM - 12:30 PM

Fee: \$18

### **531 Reconstruction: The Unfinished Revolution**

*Denver Brunzman, Associate Chair, Department of History, George Washington University*

In recent years, few eras have received more historical attention than Reconstruction, typically defined as the period between 1865 and 1877. Historians have particularly examined why America failed to realize racial equality in the aftermath of the Civil War. Oasis regular Professor Denver Brunzman of George Washington University will share the recent insights by scholars about what Reconstruction accomplished and did not accomplish. In addition, Professor Brunzman will explain why the period following the Civil War was critical to the growth of Washington, DC, as a vibrant national capital.

#### **Online Class**

Thursday, Sep 29, 1:00 PM - 2:30 PM

Fee: \$18

### **532 US and China: Broad Struggle Ahead (ONLINE)**

*Robert Sutter, Professor of Practice of International Affairs, George Washington Univ.*

The program will answer three sets of questions: Why has US rivalry with China emerged in recent years and why has Congress been so important in this process? Why are challenges posed by Chinese government practices so serious? What are the roles of Congress and developments in Ukraine in insuring continued US resolve to counter the challenges posed by Chinese government practices?

#### **Online Class**

Friday, Sep 30, 10:30 AM - 12:00 PM

Fee: \$18

### **532 US and China: Broad Struggle Ahead (AT OASIS)**

*Robert Sutter, Professor of Practice of International Affairs, George Washington Univ.*

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#### **Oasis**

Friday, Sep 30, 10:30 AM - 12:00 PM

Fee: \$18

### **533 Media Ethics: How Do We Morally Evaluate The News**

*Matther Wion, Ph.D*

In a functioning democracy the media is meant to speak truth to power. The purpose of the news is to insure that the citizenry is informed. Does this mean that the media must be neutral no matter what? Can the media ever ethically take sides? What does a properly functioning media look like? In this class we'll explore the answers to these questions and more.

#### **Online Class**

Friday, Sep 30, 4:00 PM - 5:00 PM

Fee: \$12

### **534 The State of Elections in 2022: What's New?**

*Elaine Apter, Secretary, League of Women Voters, Montgomery Cty.*

As we prepare for the November election, we will review what happened in the primaries. Were there problems? Did new state law changes affect the election? We will then move to discussing the upcoming General Election with an overview of how the Electoral College works and check out the League of Women Voters' online Voters' Guide - Vote411. We will end with time for questions.

#### **Online Class**

Monday, Oct 3, 10:30 AM - 11:30 AM

Fee: \$12

### **535 Matisse: Modern Master of Color**

*Julia Fister, MA, Studio ACE Executive Director*

Henri Matisse was a French artist known for his use of color as a printmaker, sculptor, and, primarily, painter. He helped define, along with Picasso and Duchamp, significant developments in painting and sculpture in the opening decades of the 20th century. We will look at his significant body of work from his painting to his cut-outs.

#### **Online Class**

Monday, Oct 3, 1:00 PM - 2:00 PM

Fee: \$12

### **536 How New Neanderthal Evidence Changes the History of Europe**

*Lola Sparrowhawk, International Award-Winning Author and Historian*

A hillside dwelling overlooking the picturesque Rhone Valley in southern France attracted our ancestors, both Neanderthals and Cro-Magnons (modern humans), around 54,000 years ago, a new study suggests. Similar tools from the same period have been found nearly 1,900 miles away in modern Israel and in Lebanon, indicating that modern humans with a common culture traveled along one of the most important natural migration corridors of the ancient world approximately at that time. This lecture presents an updated chapter of human history.

#### **Online Class**

Tuesday, Oct 4, 1:00 PM - 2:00 PM

Fee: \$12

### **537 James Clerk Maxwell: The Forgotten Genius of Physics**

*Steven Gimbel, Professor of Philosophy, Gettysburg College*

James Clerk Maxwell is as important to the history of physics as Einstein, Newton, and Galileo, yet his name is little known. We will examine both his physics (his theories of electricity and magnetism and his establishment of the existence of molecules) and his life (his working class background, his religion, his taking of the first color photograph in history) so that this eccentric genius gets the credit he deserves.

#### **Online Class**

Thursday, Oct 6, 10:30 AM - 12:00 PM

Fee: \$18

### **538 The Many Musical Worlds of Cat Stevens**

*Jane Ellen, Performer, Composer, and Recording Artist*

When British singer-songwriter Cat Stevens converted to Islam in 1977, heartbroken fans around the world assumed his music career was officially over. Decades later he returned to the music stage as Yusuf, with new recordings that were met with worldwide acclaim. From hit singles such as “Moonshadow” and “Peace Train”, to the cult film Harold and Maude, to his newer work, we’ll sample songs from the many musical worlds of Cat Stevens.

#### **Online Class**

Thursday, Oct 6, 1:00 PM - 2:30 PM

Fee: \$18

### **539 Off the Beaten Path: Paris Day Trips**

*Barbara Paulson, European Travel Specialist*

Versailles? Been there, done that. But still looking for what to do outside of Paris for a day or two? Check out another royal residence at Fontainebleau (e.g., Louis VII, Napoleon who resigned here); famous artists’ homes in Giverny and Auvers-Sur-Oise (Monet, and van Gogh, respectively); a nearly 1000-year old tapestry in Bayeux (Normandy); small group tours of private champagne makers in Reims, and the mustard capitol – Dijon. European Travel Specialist Barbara Paulson offers you some Paris day trip options.

#### **Online Class**

Friday, Oct 7, 10:30 AM - 12:00 PM

Fee: \$18

## **540 The Common Man in Post-Revolution America: Shays' Rebellion and the Workingmen'**

*Richard Bell, Professor of History, University of Maryland*

Did the American Revolution make ordinary working people happy? How did their inalienable rights to life, liberty, and the pursuit of happiness change in the immediate aftermath of the war? In this talk's first half University of Maryland historian Richard Bell focuses on working white people in port cities like Boston, New York, and Philadelphia and asks whether post-war peace eased the economic hardships and insecurities the conflict itself had brought on and whether the end of the fighting ushered in a new economic order in which people on the bottom could not only pursue prosperity but actually achieve it. Then, in the talk's second half, we pivot to examine the postwar struggles of rural folk, the farmers who accounted for the majority of America's white population. Our mission is to get to the bottom of Daniel Shays' Rebellion, a 1786 uprising by 2,200 western farmers and veterans to overthrow the Massachusetts government and burn Boston to the ground.

### **Online Class**

Friday, Oct 7, 1:00 PM - 2:30 PM

Fee: \$18

## **541 Wonderful Women Classical Composers**

*Chris Burns, Many-Strings*

Despite all the obstacles, and they have been formidable, women have composed absolutely wonderful, memorable, magical enduring music. Sacred and profound, blessedly melodic and pianistic, symphonic, romantic, and modern . . . women have done it all! This hour is dedicated to their unique and special contributions to "classical" music. Time to sit back with your favorite beverage and love the music.

### **Online Class**

Friday, Oct 7, 6:00 PM - 7:00 PM

Fee: \$12

## **542 The Great American Songbook in the 1960s (Performance, AT OASIS ONLY)**

*Michael Suser, Band Leader and Lecturer, and Charlene Cochran, Vocalist*

With the coming of Rock and Roll in the '50s, the great days of Gershwin, Cole Porter, and similar talents were fast coming to an end. But a closer look at the music of the '60s reveals that awesome tunes were still being written. We'll take a specific look at the songs of Burt Bacharach, Henry Mancini, and Antonio Carlos Jobim, with brief histories of each, followed by a performance with keyboard and vocalist of some of their best tunes.

### **Oasis**

Monday, Oct 10, 10:30 AM - 11:45 AM

Fee: \$15

## **543 Religion and Psychoanalysis: The Work of Ana-Maria Rizzuto**

*Oliva M. Espin, Ph.D*

Ana-Maria Rizzuto is an educator and psychoanalyst who offers an alternative to Freud's understanding of religion. Whereas Freud postulated that belief in God is based on a child's idea of the father, Rizzuto argues that the God representation draws from a variety of sources and is a major element in the fabric of one's view of self, others, and the world. Her work has enriched the practice of psychoanalysis and psychotherapy by asserting the coexistence of psychoanalysis and religion in the therapeutic setting. This presentation will look at the life and ideas of Ana-Marie Rizzuto and their influence on psychoanalysis.

### **Online Class**

Monday, Oct 10, 1:00 PM - 2:30 PM

Fee: \$18

## **544 Politics Meet Musical Theater, Part 1: 20th Century Hits (AT OASIS)**

*Julie Kurzava, Faculty, Loyola University*

We've heard that Broadway is riddled with backstage politics, but what about when the politics are right on stage? Broadway hitmakers have frequently used politics, both historical and contemporary, as a backdrop for our entertainment. Singer/actor Julie Kurzava will consider how the American musical theater has staged political intrigue as well as the difference between truth and fiction. Part 1 covers "Of Thee I Sing" (Gershwin) and "Fiorello" (Frank Loesser), both Pulitzer Prize winners.

(For Part 2 of the class, see class #557)

### **Oasis**

Tuesday, Oct 11, 10:30 AM - 12:00 PM

Fee: \$18

## **544 Politics Meet Musical Theater, Part 1: 20th Century Hits (ONLINE)**

*Julie Kurzava, Faculty, Loyola University*

We've heard that Broadway is riddled with backstage politics, but what about when the politics are right on stage? Broadway hitmakers have frequently used politics, both historical and contemporary, as a backdrop for our entertainment. Singer/actor Julie Kurzava will consider how the American musical theater has staged political intrigue as well as the difference between truth and fiction. Part 1 covers "Of Thee I Sing" (Gershwin) and "Fiorello" (Frank Loesser), both Pulitzer Prize winners.

(For Part 2 of the class, see class #557)

### **Online Class**

Tuesday, Oct 11, 10:30 AM - 12:00 PM

Fee: \$18

## **545 What Are Creation Myths Really All About?**

*Peter Bolland, MA, Professor of Philosophy and Humanities, Southwestern College*

All around the world ancient people told fantastical tales of the dawn of time and the creation of the universe. What questions were they trying to answer? "Who made the world, and how?" Or were they asking different questions – questions much closer to home, like, "What am I, and what is my place in the cosmos?" Using Joseph Campbell's four functions of myth, we'll examine the creation stories in both Genesis and the Mayan Popul Vuh for insights not into the literal origin of the universe, but into the secrets of our own essential nature and the nature of reality itself.

### **Online Class**

Tuesday, Oct 11, 1:00 PM - 2:30 PM

Fee: \$18

## **547 Cutting the Cord: Alternatives to Cable TV (AT OASIS)**

*Victor Rezmovic, Computer Instructor*

Broadcast TV and Cable TV have traditionally provided in-home media to US households. We are experiencing a new paradigm in home entertainment as households are discontinuing their cable TV contracts in favor of streaming options, such as Netflix and Amazon. In this class we will examine:

- Technical details of how traditional cable, over-the-air TV and streaming options work, including Internet access and wi-fi.
- A comparison of the major streaming devices: Roku vs Apple TV vs Smart TV
- Content providers: Netflix, Hulu, YouTube TV etc.

### **Oasis**

Wednesday, Oct 12, 10:30 AM - 12:00 PM

Fee: \$18



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- Content providers: Netflix, Hulu, YouTube TV etc.

### **Online Class**

Wednesday, Oct 12, 10:30 AM - 12:00 PM

Fee: \$18

## **546 Sugarloaf Mountain Driving and Walking Tour**

*Ralph D Buglass, Montgomery County Historical Society*

This is mostly a driving tour of Sugarloaf Mountain on the western edge of Montgomery County (with some easy walking as well). We will stop at several overlooks and take in the views of early fall foliage and distant sites, then stop at the base of the mountain for a .5-mile walk on level terrain. Optional “extras” include a picnic or longer hike on your own (trail maps provided for adventurous participants who may want to hike to the summit of the mountain). Nearby Sugarloaf Mountain Vineyard offers afternoon wine tastings for a charge. Bring binoculars if you wish. The class fee includes a donation to the foundation that maintains Sugarloaf Mountain. Rain date: October 19. Participants are responsible for their own transportation and are encouraged to carpool. Sugarloaf Mountain is located at 7901 Comus Road, Dickerson, MD 20842. (For a related lecture about the history of Sugarloaf, see class #527.)

### **Trip**

Wednesday, Oct 12, 10:30 AM - 12:00 PM

Fee: \$30

## **548 Presidential Leadership in Crisis: Defining Moments of the Modern Presidents (ON)**

*Ken Walsh, Veteran White House*

*Correspondent, Historian and Author*

Crisis management has become a major feature of the modern presidency. This talk discusses major crises that modern presidents have faced and applies standards for crisis management. Among the presidents discussed will be Franklin D. Roosevelt, John F. Kennedy, Richard Nixon, Jimmy Carter, Ronald Reagan, George H.W. Bush, Bill Clinton, Barack Obama, Donald Trump and Joe Biden.

### **Online Class**

Wednesday, Oct 12, 1:00 PM - 2:15 PM

Fee: \$15

## **548 Presidential Leadership in Crisis: Defining Moments of the Modern Presidents (AT)**

*Ken Walsh, Veteran White House*

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### **Oasis**

Wednesday, Oct 12, 1:00 PM - 2:15 PM

Fee: \$15

## **549 The Role of Race and Ethnicity in MoCo's Criminal Justice System (AT OASIS)**

*John McCarthy, MoCo State's Attorney*

In the fall of 2021, the Montgomery County State's Attorney's office undertook a research project to analyze data on criminal prosecution in Montgomery County in order to ensure the fair administration of justice. Another objective of the project is to implement a framework for sustainable community engagement in order to build community trust in the criminal justice system. The current status of the project will be discussed, and any results will be examined and explained. The presentation will also go over how to promote equity in Criminal Justice. For example, the State's Attorney's Office has a number of diversion programs in effect that seek to reform certain offenders rather than punish them.

### **Oasis**

Thursday, Oct 13, 10:30 AM - 12:00 PM

Fee: \$18

## **549 The Role of Race and Ethnicity in MoCo's Criminal Justice System (ONLINE)**

*John McCarthy, MoCo State's Attorney*

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### **Online Class**

Thursday, Oct 13, 10:30 AM - 12:00 PM

Fee: \$18

## **550 From Milton Berle to David Letterman: A History of TV Comedy**

*Brian Rose, Professor (ret.), Department of Communication and Media Studies, Fordham University*

From the earliest days of television, making people laugh was one of the central goals of TV programmers. Successful radio formats like the sitcom and the comedy/variety show moved to television in the late 1940s, joined a few years later by the late night comedy talk show. For the next seven decades, these three formats dominated the airwaves. This presentation will survey the extraordinary landscape of American TV comedy, examining how comedy changed from the vaudeville shtick of Milton Berle and the slapstick artistry of Lucille Ball to the social satire of Saturday Night Live and the self-reflexive absurdities of David Letterman and The Simpsons.

### **Online Class**

Thursday, Oct 13, 1:00 PM - 2:15 PM

Fee: \$15

## **552 Which Type of Milk Is Best for You?**

*Margaret Wesdock, RDN, LDN, CDCES*

Join Registered Dietitian Nutritionist, Margaret Wesdock, to learn about the benefits of milk, daily recommended intake, and what to consider when buying milk. Non-dairy alternatives such as soy milk, almond milk, oat milk will also be discussed.

### **Online Class**

Friday, Oct 14, 10:30 AM - 11:30 AM

Free

## **551 The Music of the Middle Ages and the Renaissance**

*Chris Burns, Many-Strings*

The Renaissance was a fabulous period of invention and creativity. Its music is beautiful and timeless. We'll enjoy the melodies of the Italian, English, and Spanish courts, along with the coronation music for Queen Elizabeth. Selections from the Gregorian Chants, "New World" melodies, John Dowland, and the world of Monteverdi will be a treat for your ears and mind.

### **Online Class**

Friday, Oct 14, 6:00 PM - 7:00 PM

Fee: \$12

## **553 AARP Smart Driver Course**

*Ken Ow, AARP Volunteer*

Drivers who complete this course may receive a multi-year discount on their auto insurance, depending on state regulations. Exciting new content includes information on brain health, railroad and animal crossings, plus expanded information on car technology and updates on the many new laws in Maryland. A number of tips will be offered to help reduce your chances of having an accident and getting injured. The fee is due at the start of class (\$20 for AARP members and \$25 for non-members). You can pay by cash or check (made out to AARP). Bring your driver's license, AARP card, cash or check, and a pen. There will be a break for lunch. Limit: 18

### **Oasis**

Monday, Oct 17, 10:30 AM - 3:30 PM

Free

## **554 Tuning In to Podcasts**

*Lisa Friedman, Technology Instructor*

Interested in listening to your favorite NPR broadcasts, New York Times book reviews, and Wall Street Journal financial advice on your computer or mobile device – on demand and for free? These and many other spoken audio files – known as "podcasts" – not only are available for streaming, but can often be downloaded to your device, so you can listen to them offline. In addition, most podcasts are series, consisting of multiple episodes, and you can generally subscribe to the entire series so you never miss an episode! This is a demonstration, not a hands-on, class. A comprehensive handout will be provided.

### **Online Class**

Monday, Oct 17, 10:30 AM - 12:30 PM

Fee: \$24

## **555 Introduction to Paranormal Investigation and Research**

*Nicole Strickland, Paranormal Researcher, Author, Writer, and Award-Winning Radio Host*

This class will highlight important aspects of paranormal research and serve as a motivator for anyone interested in learning more about investigating the unknown. You'll learn about the Spiritualist movement's influence on modern-day investigation practices as well as how to become a paranormal investigator. Research methodologies will be discussed, including spirit photography, EVP (electronic voice phenomena), ITC (Instrumental Trans Communication), environmental monitoring, and metaphysical implementations. We'll also review the types of equipment used, along with audio, photo, and video captures of ghostly phenomena. A Q&A session will follow the presentation.

### **Online Class**

Monday, Oct 17, 1:00 PM - 2:30 PM

Fee: \$18

## **556 Learn to Play Mah Jongg!**

*Nancy Kay, Mah Jongg Instructor*

Learn the Great Game of China. We will learn American style Mah Jongg using the National Mah Jongg League rules. You will learn how to read the card, the names of the tiles, how to pick a hand, do the Charleston, build a wall, and play defensively. Make new friends and have fun playing this game of skill and luck. This class is for people new to Mah Jongg or who need a complete review. Course fee includes official Mah Jongg card. Limit: 12

### **Oasis**

Monday, Oct 17 - Nov 21, 1:30 PM - 3:30 PM

Fee: \$150 6 sessions

## **557 Politics Meets Musical Theater, Part 2: The American Revolution on Stage**

*Julie Kurzava, Faculty, Loyola University*

Class offered ONLINE ONLY.

We've heard that Broadway is riddled with backstage politics, but what about when the politics are right on stage? Broadway hitmakers have frequently used politics, both historical and contemporary, as a backdrop for our entertainment. Singer/actor Julie Kurzava will consider how the American musical theater has staged political intrigue as well as the difference between truth and fiction. Part 2 covers "1776" and "Hamilton". Which show best portrays the story of America's founding? (For Part 1 of the class, see class #544)

### **Online Class**

Tuesday, Oct 18, 10:30 AM - 12:00 PM

Fee: \$18

## **558 The Pharaohs of Egypt**

*Henry George, Engineer, Archaeologist and Geologist*

The Egyptians have been keeping historical records of their rulers to the year since 1991 BCE and in approximate time before that. This lecture will begin with the story and resulting legends of Howard Carter's discovery of King Tut's Tomb. We'll then review the dynasties and rulers of Ancient Egypt from the Early Dynastic Period through the New Kingdom, and follow with a brief review of the history of the last Millennium before the Common Era. This lecture is about both archaeology and ancient history.

### **Online Class**

Tuesday, Oct 18, 1:00 PM - 3:00 PM

Fee: \$24

## **559 Book Discussion: "Horse"**

*Jonina Duker, Certified Book Discussion Leader*

Prize-winning author Geraldine Brooks gives us another dazzling work inspired by forgotten history. She once again weaves past (1850s Kentucky and Louisiana, 1950s New York) with the present (2019 Washington DC). The past includes the lives of a racehorse Lexington, his owner Richard Ten Broeck, his enslaved groom Jarret, the itinerant painter Thomas Scott, and the Abstract Expressionist art dealer Martha Jackson. With interracial interactions then and an interracial relationship now, the book is about racehorses and race in America.

Please read the book so you can participate in our structured, facilitated, Zoom discussion.

Author: Geraldine Brooks, 2022.

(Note: Please join the meeting at 3 pm if you would like some assistance using the features of Zoom. Otherwise, join us at 3:15 pm for the start of our discussion.)

### **Online Class**

Tuesday, Oct 18, 03:00 PM - 04:30 PM

Fee: \$18

## **560 Mucha Musica: A Musical Journey through Latin America (Performance, AT OASIS ON**

*Cecilia Esquivel and Dani Cortaza, Cantare*  
Cantaré performs songs in Spanish and Portuguese, while sharing the music's cultural background. You will hear a variety of instruments from different Latin American countries. You'll also learn about the geography and history of Latin America and about the different cultures that shaped its music – Indigenous, European and African. This event is made possible through the Enriching Experiences program of Washington Performing Arts.

### **Oasis**

Wednesday, Oct 19, 10:30 AM - 11:30 AM  
Free

## **561 An Introduction to Acupuncture**

*Kimberly Coleman, Licensed Acupuncturist, RN*

Autumn is here! Join Kimberly Coleman, a Registered Nurse and Doctor of Acupuncture to get an overview of Traditional Chinese Medicine (TCM) and its modalities including acupuncture, TCM practitioners use herbs, moxibustion, and cupping to treat a range of conditions. Kimberly will also discuss what foods are best to eat in Autumn and self-care treatments for common conditions, such as cold and flu.

### **Online Class**

Wednesday, Oct 19, 10:30 AM - 11:30 AM  
Free

## **562 Amazing Musical Prodigies (AT OASIS)**

*Daryl Davis, Musician*

Wolfgang Amadeus Mozart was the child prodigy par excellence, playing songs on the harpsichord at four years old and composing simple music at five. Musicians like Mozart don't come along often, but every once in a great while, another prodigy emerges whose abilities rival the most experienced masters. This class will introduce you to some of the most impressive yet unsung musicians who will leave you in awe.

### **Oasis**

Wednesday, Oct 19, 1:00 PM - 2:30 PM  
Fee: \$18

## **562 Amazing Musical Prodigies (ONLINE)**

*Daryl Davis, Musician*

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### **Online Class**

Wednesday, Oct 19, 1:00 PM - 2:30 PM  
Fee: \$18

## **563 Waddesdon Manor: The Extraordinary Rothschild Home**

*Bonita Billman, Art History Lecturer*

You may feel you have been here before, for Waddesdon was an inspiration for Biltmore in Ashville, NC. Part of the National Trust. Waddesdon Manor, built by the Rothschild family, is full of English Grand Manner portraits, French furniture and Sevres porcelain and countless other treasures. We'll take a tour of the house, and revel in the art objects, the architecture and garden.

### **Online Class**

Thursday, Oct 20, 10:30 AM - 12:00 PM  
Fee: \$18

## **564 A Marvel-ous Life: The Amazing Life of Comic Book Creator Stan Lee**

*Danny Fingeroth, Popular Culture Critic and Historian*

Stan Lee was the most famous American comic book creator who ever lived. Thanks to his many cameos in Marvel movies and TV shows, he was and remains the voice and face of comics and popular culture. Lee created world-famous characters including Spider-Man, the Avengers, and the Hulk, but his life was haunted by conflict and controversy. Join Danny Fingeroth, author of "A Marvelous Life: The Amazing Story of Stan Lee," to learn about the man who changed the world's ideas of what a hero is and how a story should be told.

### **Online Class**

Thursday, Oct 20, 1:00 PM - 2:00 PM

Fee: \$15

## **565 Walking Tour of Historic Georgetown**

*Canden Arciniega, Manager/Guide, DC by Foot*

Enjoy an autumn day exploring the diverse history and architecture of Georgetown, which is older than DC itself. Our two-mile walk will include historic homes, Kennedy homes, the oldest house in DC, the C&O Canal, and the oldest family-run restaurant in DC. We'll be viewing from the street and not entering any residences. Participants are responsible for their own transportation. Meet the guide (in the orange DC by Foot nametag and shirt) outside the Old Stone House at 3051 M St NW. The tour will end at the Georgetown Market on M Street, two blocks from where it began. It will take place rain or shine.

### **Trip**

Friday, Oct 21, 10:30 AM - 12:30 PM

Fee: \$35

## **566 The Music of George Fredrick Handel**

*Chris Burns, Many-Strings*

This hour will celebrate the baroque creativity of G. F. Handel. Interestingly, although he shared the same time frame as J.S. Bach, Handel had an entirely different client list -- for which he served as the composer of The Messiah, Water Music for King George, The Arrival of the Queen of Sheba, and much more. This hour will provide a delightful selection of the finest music ever composed.

### **Online Class**

Friday, Oct 21, 6:00 PM - 7:00 PM

Fee: \$12

## **567 The Salem Witch Trials: Dynamics, Impact and Legacy (AT OASIS)**

*Richard Bell, Professor of History, UMD*

Salem, 1692: Two young girls living in the household of one of the town's ministers are acted strangely—having fits. The doctor is called and he tells the minister that his girls are suffering from the action of the Devil's 'Evil Hand' upon them. Join University of Maryland historian Dr. Richard Bell for a deep dive into witch-hunting in early America. We'll begin at the beginning: What did people in colonial America believe about witch-craft and how did they try to hunt it and fight it? What were the hall-marks of an American witch-hunt and why is the outbreak of witch-hunting in one sleepy port town in Massachusetts in 1692 still so well-known today? We'll examine that infamous episode in depth, probing its most troubling corners. Why did that tragic episode in Salem claim so many innocent lives? Did anyone face justice for their role in perpetrating this outrage? And how have historians tried to explain the peculiar dynamics, impact, and legacy of what happened in Salem?

### **Oasis**

Monday, Oct 24, 10:30 AM - 12:00 PM

Fee: \$18

## **567 The Salem Witch Trials: Dynamics, Impact and Legacy (ONLINE)**

*Richard Bell, Professor of History, UMD*  
Salem, 1692: Two young girls living in the household of one of the town's ministers are acted strangely—having fits. The doctor is called and he tells the minister that his girls are suffering from the action of the Devil's 'Evil Hand' upon them. Join University of Maryland historian Dr. Richard Bell for a deep dive into witch-hunting in early America. We'll begin at the beginning: What did people in colonial America believe about witch-craft and how did they try to hunt it and fight it? What were the hall-marks of an American witch-hunt and why is the outbreak of witch-hunting in one sleepy port town in Massachusetts in 1692 still so well-known today? We'll examine that infamous episode in depth, probing its most troubling corners. Why did that tragic episode in Salem claim so many innocent lives? Did anyone face justice for their role in perpetrating this outrage? And how have historians tried to explain the peculiar dynamics, impact, and legacy of what happened in Salem?

### **Online Class**

Monday, Oct 24, 10:30 AM - 12:00 PM  
Fee: \$18

## **568 Mapmaking: The History of Cartography**

*Nadine Bopp, BA, Ecology, MLA, Landscape Architecture, Columbia College Part-Time Faculty*

Cartography is one of our oldest forms of communication. Mapmaking probably existed before writing and a formal language was invented. Today, maps are used for everything from the GPS on our smart phones to way-finding at the local mall to the 'mental maps' we give to others to find ourselves. Historic maps combines science, aesthetics and scientific techniques to show a 3-dimensional world on a 2-dimensional space.

### **Online Class**

Monday, Oct 24, 1:00 PM - 2:00 PM  
Fee: \$12

## **569 When Stroke Strikes, BE FAST**

*Suzanne Coyle, MA, CCC-SLP*

Did you know that someone in the United States experiences a stroke every 40 seconds? Stroke is a serious medical event and a leading cause of both death and disability. Join us to learn how to identify the symptoms of stroke as well as useful information about stroke prevention and treatment.

### **Online Class**

Monday, Oct 24, 1:00 PM - 2:00 PM  
Free

## **570 Leonard Bernstein: Genius of the Concert Hall (AT OASIS)**

*Dan Sherman, Musical Theatre Instructor*  
Perhaps best known as America's first star conductor, Leonard Bernstein was an accomplished composer whose works were sometimes criticized for eclecticism as they drew from many sources including jazz and Jewish liturgical music. This course will review Bernstein's career as composer outside of the theatre and place it in tradition of American "classical" music, including works of Charles Ives and Bernstein's mentor Aaron Copland. The class will include numerous performance clips, including some from Bernstein's legendary "Young People's Concerts." (For a related lecture on Bernstein, see class #515.)

### **Oasis**

Tuesday, Oct 25, 10:30 AM - 12:00 PM  
Fee: \$18

## **570 Leonard Bernstein: Genius of the Concert Hall (ONLINE)**

*Dan Sherman, Musical Theatre Instructor*  
Perhaps best known as America's first star conductor, Leonard Bernstein was an accomplished composer whose works were sometimes criticized for eclecticism as they drew from many sources including jazz and Jewish liturgical music. This course will review Bernstein's career as composer outside of the theatre and place it in tradition of American "classical" music, including works of Charles Ives and Bernstein's mentor Aaron Copland. The class will include numerous performance clips, including some from Bernstein's legendary "Young People's Concerts." (For a related lecture on Bernstein, see class #515.)

### **Online Class**

Tuesday, Oct 25, 10:30 AM - 12:00 PM  
Fee: \$18

## **571 Inside the Electoral College**

*Peter Bolland, MA, Professor of Philosophy and Humanities, Southwestern College*

Every elected official in America, from local school board to the U.S Senate, is elected by popular vote except one: the President of the United States. Ever since 1789, the Constitution requires that the President be chosen not by popular vote, but by a body called the Electoral College. What is it? How does it work? Does it work? Join Peter Bolland, who served as one of California's 55 electors in the 2020 Presidential election, as he shares insider details about his remarkable experience and leads an inquiry into the pros and cons of this curious political mechanism.

### **Online Class**

Tuesday, Oct 25, 1:00 PM - 2:30 PM  
Fee: \$18

## **572 The 2022 Midterm Elections: Outcomes and Impact (ONLINE)**

*Geoffrey Kabasevice, Director, Political Studies, Niskanen Center, D.C.*

This program will discuss the likely outcomes of the 2022 midterm elections, focusing on particular races that illustrate broader trends underway in both parties. We will also consider the consequences of one or both houses of Congress returning to Republican majorities, the ways in which different electoral outcomes would strengthen particular factions in both parties, the likely approach and emphases of the Republicans if they regain a majority in either or both houses, and the possible impact on the 2024 presidential election.

### **Online Class**

Wednesday, Oct 26, 10:30 AM - 11:30 AM  
Fee: \$12

## **572 The 2022 Midterm Elections: Outcomes and Impact (AT OASIS)**

*Geoffrey Kabasevice, Director, Political Studies, Niskanen Center, D.C.*

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### **Oasis**

Wednesday, Oct 26, 10:30 AM - 11:30 AM  
Fee: \$12



### **573 Off the Beaten Path: Andalucia, Spain**

*Barbara Paulson, European Travel Specialist*

Welcome to this introduction to Spain's southern fugue of cultures and geography - a Catholic church fully enclosed in an Islamic mosque; bustling cities (e.g., Seville and Granada), mountain villages (e.g., Ronda and Mijas), and sunny beaches (e.g., Marbella and Estepona); bullfighting and flamenco; world-class art and Picasso's birthplace; a wild-life refuge that serves game; and local markets and orange trees everywhere. These are just some of the highlights of this virtual visit hosted by European Travel Specialist Barbara Paulson.

#### **Online Class**

Wednesday, Oct 26, 1:00 PM - 2:30 PM

Fee: \$18

### **574 The New Middle East (ONLINE)**

*Melvin Goodman, Adjunct Professor, Int'l Relations, Johns Hopkins Univ.*

There have been major changes in the geopolitics of the Middle East. The United States is trying to "pivot" to Asia; Iran has expanded its presence in neighboring states; and Israel has concluded diplomatic and commercial arrangements with Arab states. What does this portend?

#### **Online Class**

Thursday, Oct 27, 10:30 AM - 12:00 PM

Fee: \$18

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### **575 John Singer Sargent and the Beauty of Spain (AT OASIS)**

*Joan Hart, Art History Instructor, Museum One, Inc.*

American master John Singer Sargent is mainly known for his dazzling portraits of the Gilded Age. However, he had a love affair with Spain, traveling and painting there for some 30 years. Beginning in October, the National Gallery of Art will be showing Sargent and Spain, a major exhibition of some 120 memorable works of art, ranging from landscapes to seascapes, everyday life, and native people, full of the bright colors, luminous light and romantic atmosphere of the Iberian peninsula.

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Fee: \$18

### **576 Oasis Widowed Persons Social Gathering**

*Karla Lazarte, Oasis Wellness Coordinator*

Join to connect with others on Zoom who have lost their "true love", "best friend" and life partner.

#### **Online Class**

Thursday, Oct 27, 3:00 PM - 4:00 PM

Free

## **577 National Building Museum Architectural Tour**

*Amanda Hodges, Visitor Services Manager*

The National Building Museum educates the public about the impact of architecture, engineering, landscape architecture, construction, planning, and design on our daily lives and communities. Its exhibits and interactive programs about the past, present, and future reside in the awe-inspiring spaces of the historic Pension Building in DC.

On this special docent-led tour just before Halloween, participants will see hidden features of the museum's historic structure, in the context of haunting tales and legends collected over decades, and defying easy explanations.

After the tour (over by 12:15 pm), participants are encouraged to explore the museum's ongoing and special exhibits, and visit the unique museum shop (see <https://www.nbm.org/>). Note: This Oasis tour is for adults only. However, year-round the museum exhibits and its shop welcome adults, children, and families.

Participants are responsible for their own transportation. Please plan to be at the museum entrance promptly at 11:00 am when the museum opens, at 401 F Street NW, Washington, DC 20001. The museum is accessible by Metro/Red Line and car. Detailed Metro and parking instructions will be provided to participants.

Food-on-your-own options include bringing your own bag lunch, or purchasing from the museum's cafe SakuSaku (menu online). If you want to go to a nearby restaurant, re-admission to the museum that same day is included.

### **Trip**

Friday, Oct 28, 11:00 AM - 1:30 PM

Fee: \$25

## **578 Don't Get Spooked by Cybercrime (AT OASIS)**

Session 1: Social engineering, email safety, links, fake websites, phishing - Protecting Yourself

Session 2: Passwords/Password managers, 2-factor authentication, Wi-Fi safety - Protecting Your Devices

### **Oasis**

Monday, Wednesday, Oct 31 - Nov 2, 10:30 AM - 12:00 PM

Free 2 sessions

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### **Online Class**

Monday, Wednesday, Oct 31 - Nov 2, 10:30 AM - 12:00 PM

Free 2 sessions

## **999 Your Technology Tutor**

*Oasis Computer Instructors*

Do you want to advance a computer skill, fill in gaps in your knowledge, or solve a computer problem? An Oasis technology tutor can help you with your laptop or other portable device (e.g. phone, tablet) in a private session here at Oasis OR online if appropriate, lasting up to two hours.

You will be contacted by Oasis to assess your request and schedule your session. The fee of \$30 will be collected when your session is scheduled.

Please note: We are not able to assist with complex programming or software issues.

### **Oasis**

Dates/Times of tutoring sessions to be scheduled with tutor and student.

Fee: \$30