



Celebrating 30 Years of Lifelong Learning!

**Class Catalog**  
*Summer 2024*

## Dear Friends,

We are pleased to present you with this Summer 2024 Catalog. It contains a bountiful selection of programs and experiences for the summer term.

Please take note that we have organized class listings by **Category**. We hope this will make it easier for you to find the classes that pique your interests. Next to each class listing is the format in which the class is offered:

**V** Virtual Class   **IP** In-Person Class   **H** Hybrid Class

See the **Table of Contents** on the right side of this page to navigate the catalog.

Registration is ongoing. Here are some tips:

- Please note this **change when you register for Hybrid classes**: You will sign up for the same class number whether you plan to attend in-person or online.
- Online registration via our website is open 24/7.
- Or mail-in or drop off your registration, using the form on page 15.
- For couples and friends who take online classes together, please register for 2 seats.
- If you see a Washington Metro Oasis class on the Oasis Everywhere site, please register for it on the Washington Metro Oasis website.

If you need any assistance with registration, don't hesitate to contact us or visit our center. (See our contact information and office hours listed to the right.)

Thank you for being a vital member of our vibrant community. We appreciate each and every one of you. We hope you will:

- Share this catalog and our website with friends and invite them to join you.
- Keep in touch. If you don't already, please "opt in" through your Oasis account to receive our weekly e-newsletter.


We look forward to seeing you this summer.


*Anna, Janice,  
Kathleen & Leah*



## CONTACT US

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## HOURS

Mon – Thu, 10:00am – 4:00pm

Oasis will be closed May 27, July 4 & 5

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Washington Metro Oasis and AARP Maryland Present...



# Musical Journey Around the Globe



**Featuring Seth Kibel, Bob Abbott, Vladimir Fridman and Tom Teasley**

Enjoy a whirlwind tour of music from Latin America, Europe, Africa, the Middle East and beyond. This musical journey will set your toes tapping and your spirits flying!

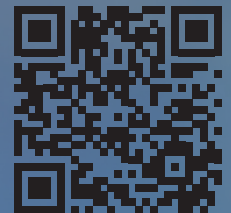
*This event is sponsored by AARP Maryland with additional support from The Grandview by Erickson Senior Living.*

**Monday, May 13 | 1-2:30pm | Doors open at 12:30pm**

F. Scott Fitzgerald Theatre | 603 Edmonston Dr, Rockville, MD

Free | Registration required through AARP Maryland

Go to [events.aarp.org/yV1xLI](https://events.aarp.org/yV1xLI) or call (877) 926-8300



# Arts & Entertainment

## 303 | Carl Reiner and Mel Brooks: Grandmasters of American Comedy

Brian Rose, Professor (ret.), Fordham University  
Tue, May 7 | 1-2:15pm | \$15 **V**

*Carl Reiner and Mel Brooks - their remarkable solo careers and their legendary partnership.*

## 308 | "Professor" Peter Schickele (aka P. D. Q. Bach)

Dan Sherman, PhD  
Thu, May 9 | 1-2:30pm | \$18 **H**

*Julliard-trained composer Schickele created wonderful parodies of classical music and had an alter-ego named P.D.Q. Bach.*

## 314 | Irving Berlin and the American Dream

Julie Kurzava, Faculty, Loyola University  
Wed, May 15 | 10:30am-12pm | \$18 **H**

*Irving Berlin's life and career - the quintessential immigrant story.*

## 315 | Rediscovering European Women Artists

Joan Hart, Art History Instructor, Museum One, Inc.  
Wed, May 15 | 1-2:30pm | \$18 **H**

*Leading, but overlooked, woman artists from 1400 to 1800.*

## 318 | Expressive Painting With Judy

Judy Goldstein, Retired MCPS Special Ed Teacher  
Thu, May 16 - Jun 6 | 1-2:30pm | \$100 | 4 sessions **IP**

*Using acrylics, create art 'in the style of' (e.g., Monet, Seurat, Picasso, and more). No previous art experience required.*

## 322 | Rulebreaker: The Life and Times of Barbara Walters

Susan Page, Washington Bureau Chief, USA Today  
Tue, May 21 | 1-2pm | \$12 **V**

*The definitive biography of this groundbreaking broadcaster from an award-winning journalist.*

## 323 | Harry Belafonte: Art and Defiance

Daryl Davis, Musician  
Wed, May 22 | 10:30am-12pm | \$18 **H**

*Explore the many interest facets of this artist and activist.*

## 331 | Mary Cassatt at Work

Bonita Billman, Art History Lecturer  
Tue, May 28 | 1-2:30pm | \$18 **V**

*The only American woman within the French Impressionist circle in Paris.*

## 343 | Bernstein on Broadway

Ernest Liotti, Faculty, Peabody Institute  
Tue, Jun 4 | 1-2:30pm | \$18 **H**

*Explore the musical world of Leonard Bernstein through his works for the stage.*

## 356 | Wagner's Ring Cycle: Don't Be Afraid!

Dan Sherman, PhD  
Wed, Jun 12 | 1-2:30pm | \$18 **H**

*You might become a devoted follower! Give it a try.*



## 362 | Cy Coleman: Musical Theatre Gold Standard

Steven Friedman, Music Historian  
Tue, Jun 18 | 10:30am-12pm | \$18 **H**

*From 'Sweet Charity' to the 'Follies' come enjoy music that you will sing all day.*

**375 | Little Richard: The Man Who Put The “Wooo” In Rock’n’Roll**

Daryl Davis, Musician

Wed, Jun 26 | 10:30am-12pm | \$18 IP

*Explore how this wild rocker left his flamboyant and glamorous mark on music.*

**395 | Satchmo: The Legacy of Louis Armstrong**

Seth Kibel, Musician and Composer

Thu, Jul 11 | 10:30am-12pm | \$18 IP

*He helped transform jazz from a niche genre into American popular music.*

**403 | Dancing in the Dark: A History of Dance in the Movies**

Brian Rose, Professor (ret.), Fordham University

Tue, Jul 16 | 1-2:15pm | \$15 V

*Dancing on the big screen has provided some of the most ecstatic moments in film history.*

**405 | Celebrating Rachmaninoff: The Great Romantic**

Dan Sherman, PhD

Wed, Jul 17 | 10:30am-12pm | \$18 H

*The life and spectacular career of this dazzling composer and pianist.*

**426 | Art Masterpieces at the Met, Virtual Tour Part 1**

Judy Scott Feldman, PhD, Art Historian

Thu, Aug 1 | 1-2:30pm | \$18 H

*We’ll examine Egyptian funerary portraits, Greek nudes, Roman wall painting, and medieval reliquaries.*

**432 | Kurt Weill: Berlin to Broadway**

Julie Kurzava, Faculty, Loyola University

Tue, Aug 6 | 10:30am-12pm | \$18 H

*Magic happened after the Nazis forced this avant garde composer to relocate to New York.*

**433 | Dr. Albert Barnes: Visionary Art Collector and Educator**

Bonita Billman, Art History Lecturer

Tue, Aug 6 | 1-2:30pm | \$18 V

*How Barnes amassed a world-class collection, created his own art theory, and founded a school of art appreciation.*

**434 | An Afternoon of Laughs: Comedy as a Second Language**

Kim Levone, Producer, and Cast

Wed, Aug 7 | 1-2pm | \$20 IP

*Comics share stories and jokes about their lives, families and their relationship with their new home.*



**436 | Art Masterpieces at the Met, Virtual Tour Part 2**

Judy Scott Feldman, PhD, Art Historian

Thu, Aug 8 | 1-2:30pm | \$18 H

*We’ll examine Renaissance to early modern painting.*

**447 | Connie Francis & Brenda Lee: Legendary Voices of Pop Music**

Daryl Davis, Musician

Thu, Aug 15 | 1-2:30pm | \$18 H

*Their emotive voices are forever imprinted in our musical memories.*

# Current Events

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## 348 | Evolving US Foreign Policy in a Dynamic Global Landscape

Ambassador (ret.) Eric S. Rubin

Thu, Jun 6 | 1-2:30pm | \$18 **V**

*Explore the difficult and long-lasting foreign policy choices the U.S. is facing.*

## 351 | Undocumented Migrants and the Immigration Crisis

Dr. Michael Kryzanek, Bridgewater State University

Mon, Jun 10 | 10:30-11:30am | \$12 **V**

*The challenge of responding to the immigration crisis at our borders.*

## 355 | Presidential Elections and an Ungovernable Economy

Owen Ullmann, Journalist and Author

Wed, Jun 12 | 10:30am-12pm | \$18 **H**

*How much control over the economy do presidents really have?*

## 370 | Can You Count on the Accuracy of Your Election Information?

Elaine Apter, Secretary, MoCo League of Women Voters

Mon, Jun 24 | 10:30-11:30am | \$12 **H**

*How are AI, social media, TV, and international interference affecting the 2024 Presidential Election campaign?*

## 410 | The Role of the Military in American Government and National Life

Dr. Michael Kryzanek, Bridgewater State University

Mon, Jul 22 | 10:30-11:30am | \$12 **V**

*A birds-eye view of how the military affects all American life.*

## 415 | Speaking & Hearing In Black & White

Daryl Davis, Musician

Wed, Jul 24 | 1-2:30pm | \$18 **H**

*There are often differences in how Black & White Americans perceive and interpret the same words.*

## 444 | Supreme Court 2023-2024 Session Update

John McCarthy, Montgomery County State's Attorney

Wed, Aug 14 | 10:30am-12pm | \$18 **H**

*Special emphasis will be placed on evolving trends and voting blocks on the Court.*

# Discussion Groups

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**Oasis Discussion Groups** engage in conversations on a wide variety of political, cultural, and newsworthy topics, as well as other issues of common interest selected by the group. Every group has a different "flavor" so we invite you to try a group first to make sure it's a good match. If you'd like to try an ongoing discussion group before signing up please email us: [washingtonmetro@oasisnet.org](mailto:washingtonmetro@oasisnet.org)

## 916 | Men's Discussion Group (B)

Thu, May 2 - Aug 29 | 1-2:30pm | \$30 **V**

## 917 | Bethesda Men's Discussion Group (B)

Fri, May 3 - Aug 30 | 10-11:30am | \$30 **V**

## 912 | Men's/Women's Discussion Group (B)

Tue, 10:30am-12pm & Fri, 12:30-2pm

May 3 - Aug 30 | | \$30 **V**

## 910 | Men's Discussion Group (A)

Mon, May 6 - Aug 26 | 10:30am-12pm | \$30 **V**

## 911 | Bethesda Men's Discussion Group (A)

Mon, May 6 - Aug 26 | 10:30am-12pm | \$30 **V**

## 913 | Men's/Women's Discussion Group (A)

Tue, May 7 - Aug 27 | 1-2:30pm | \$30 **V**

**305 | TED Talk Discussion:  
How to Talk So That People Want to Listen**

Beth Kimel, Facilitator

**Wed, May 8 | 1-2:30pm | \$18 IP**

*We will watch this TED Talk together and then engage in dialogue about it.*

**915 | Women's Discussion Group**

Libby Merrill, Facilitator

**Thu, May 16 - Jul 18 | 10:30am-12pm | \$20**

**3 sessions IP**

*Participate in an engaging and lively discussion with your peers.*

**332 | Book Discussion: *Slaughterhouse-Five*  
by Kurt Vonnegut, Jr.**

Jonina Duker, Certified Book Discussion Leader

**Tue, May 28 | 3-4:30pm | \$18 V**

*Anti-war novel combining elements of autobiography, historical fiction, satire, and science fiction. Also a banned book!*

**345 | TED Talk Discussion: Do Schools Kill Creativity?**

Beth Kimel, Facilitator

**Wed, Jun 5 | 1-2:30pm | \$18 IP**

*We will watch this TED Talk together and then engage in dialogue about it.*

**374 | Book Discussion: *Fire Weather: A True Story  
from a Hotter World* by John Vailla**

Jonina Duker, Certified Book Discussion Leader

**Tue, Jun 25 | 3-4:30pm | \$18 V**

*Reads like a thriller: the story of an almost ten-billion dollar disaster.*

**394 | TED Talk Discussion:  
How To Make Stress Your Friend**

Beth Kimel, Facilitator

**Wed, Jul 10 | 1-2:30pm | \$18 IP**

*We will watch this TED Talk together and then engage in dialogue about it.*

**413 | Book Discussion: *Tom Lake* by Ann Patchett**

Jonina Duker, Certified Book Discussion Leader

**Tue, Jul 23 | 3-4:30pm | \$18 V**

*The latest novel by Oasis crowd-pleaser Ann Patchett.*



**452 | Book Discussion: *The Dictionary of Lost Words:  
A Novel* by Pip Williams**

Jonina Duker, Certified Book Discussion Leader

**Tue, Aug 20 | 3-4:30pm | \$18 V**

*An historical fiction tale featuring the Oxford English Dictionary.*

# Health & Fitness

## 904 | Talk and Walk for Breast Cancer Survivors

Jamie Borns, RN, BSN, CBPN-IC, Suburban Hospital  
Thu, May 2 - Aug 1 | 10:30am-12pm | Free  
3 sessions **IP**

*Monthly program that will feature an update on a breast cancer 'hot topic.'*

## 902 | Memory Café - Support Group

Volunteers, Alzheimer's Assn, National Capital Area  
Fri, May 3 - Aug 2 | 2-3pm | Free | 4 sessions **V**

*Meet and spend time with others also experiencing a similar journey with memory loss.*

## Build Better Balance

Erika Campbell, Strength and Balance Instructor

903 | Session 1 | Fri, May 3 - Jun 28 | 1:30-2:30pm  
\$135 | 9 sessions **V**

923 | Session 2 | Fri, Jul 12 - Aug 30 | 1:30-2:30pm  
\$120 | 8 sessions **V**

*Learn practical strategies for preventing falls while enjoying some fun balance and coordination exercises.*

## Yoga Dance

Kathy Hankins, Certified Yoga and Meditation Instructor

900 | Session 1 | Mon, May 6 - Jul 8 | 3-4pm | \$105  
7 sessions **IP**

908 | Session 2 | Mon, Jul 15 - Aug 26 | 3-4pm | \$105  
7 sessions **IP**

*Recent research supports the hypothesis that dance and yoga reverse aging.*

## Finding Calm Through Meditation

Kathy Hankins, Certified Yoga and Meditation Instructor

907 | Session 1 | Tue, May 7 - Jul 2 | 2:30-3:30pm  
\$120 | 8 sessions **V**

909 | Session 2 | Tue, Jul 9 - Aug 27 | 2:30-3:30pm  
\$120 | 8 sessions **V**

*Explore different methods of meditation to see what works for you!*

## 306 | Peripheral Artery Disease: Assessing your Risk



Joseph White MD, Vascular/Endovascular Surgeon,  
Suburban Hospital

Wed, May 8 | 1-2pm | Free **V**

*What are risk factors associated with peripheral vascular disease and what are the treatment options available to patients?*

## Chair Yoga with Debi

Debi Stuart, Certified Yoga Instructor

921 | Session 1 | Fri, May 10 - 31 | 11:30am-12:15pm  
\$60 | 4 sessions **IP**

922 | Session 2 | Fri, Jun 7 - Jun 28 | 11:30am-12:15pm  
\$60 | 4 sessions **IP**

924 | Session 3 | Fri, Jul 12 - Aug 2 | 11:30am-12:15pm  
\$60 | 4 sessions **IP**

*A less strenuous but fully effective form of Yoga. Namaste!*

## 901 | Caregivers Support Group (Sponsored by Family and Nursing Care)

Roberta Drucker, LCSW-C

Wed, May 15 - Aug 7 | 11am-12pm  
Free | 7 sessions **V**

*Learn from the experiences of others and encourage those who are in similar circumstances.*



## Chair Strength and Balance

Erika Campbell, Strength and Balance Instructor

906 | Session 1 | Tue, May 28 - Jul 2 | 1:30-2:30pm | \$90  
6 sessions **V**

926 | Session 2 | Tue, Jul 9 - Aug 27 | 1:30-2:30pm | \$90  
6 sessions **V**

*Build endurance and support your balance in this chair-based strength class.*



These classes are brought to you by  
Suburban Hospital's WellWorks program.



### 335 | Be F.A.S.T.: All About Strokes



Leila Thomas, Stroke Research Registered Nurse, NIH Stroke Program/Suburban Hospital  
**Thu, May 30 | 1-2pm | Free** V

*Understand your stroke risk and how to control it, and what to do if you experience one.*

### 346 | Roll With It! How to Minimize Injury from a Fall

John Natale PT, DPT  
**Wed, Jun 5 | 1-2pm | Free** H

*Sometimes, a fall cannot be prevented. Learn how to fall and get up from falls as safely as possible.*

### 905 | Have a Ball with Cardio Drumming

Larissa Johnson, Fitness Instructor  
**Fri, Jun 7 - Aug 2 | 10-11am | \$120 | 8 sessions** IP

*A fun, easy, and effective workout, mostly seated with optional standing activities.*

### 358 | 20th Annual Men's Health Symposium: Heart Disease



Suburban Hospital  
**Tue, Jun 11 | 1-2pm | Free** V

*A panel discussion with Johns Hopkins experts and the American Heart Association regarding heart disease awareness.*

### 364 | 'Improv' for Brain Health and Positivity

Topher Bellavia, Improv Teacher and Performer  
**Wed, Jun 19 | 10:30am-12pm | \$20** IP

*Melt your worries away in this improv workshop.*

### 371 | Using Essential Oils with Acupressure Points

Adrienne Hausman, Certified Master Holistic Aromatherapist  
**Mon, Jun 24 | 1-2:30pm | \$18** IP

*Combining essential oils and acupressure creates a non-invasive healing experience.*

### 378 | Boost Your Bone Health



Michele F. Bellantoni, MD, CMD, Johns Hopkins Medicine  
**Thu, Jun 27 | 1-2pm | Free** V

*Learn about bone health during the aging process along with osteoporosis prevention and improvement.*



## Taste and Thrive!

In this series, a nutritionist and a chef will share knowledge, recipes and some tasty samples! Presented by Nikki Haddad, Alexandra Hardee and Marla Caplon from the Montgomery County Senior Nutrition Program

**307 | Give Your Brain a Boost**  
**Thu, May 9 | 10:30-11:30am | \$15** IP

**347 | Foods for a Happy Gut**  
**Thu, Jun 6 | 10:30-11:30am | \$15** IP

**424 | Quick and Light Meals for 1 or 2**  
**Wed, Jul 31 | 10:30-11:30am | \$15** IP

**446 | Spice It Up!**  
**Thu, Aug 15 | 10:30-11:30am | \$15** IP

### 380 | Aromatherapy and Skin Care

Adrienne Hausman, Certified Master Holistic Aromatherapist  
**Mon, Jul 1 | 1-2:30pm | \$23** IP

*Create your own lovely hand scrub after exploring the therapeutic applications of essential oils.*

### 418 | Keep Your Eye on the Prize



Mona Kaleem, MD, Wilmer Eye Institute  
**Fri, Jul 26 | 1-2pm | Free** V

*Learn about glaucoma; how it is diagnosed, prevented and treated.*

# History

## 302 | Property in Man? Debating the Slavery Politics of the Constitution

Richard Bell, Professor of History, UMD  
Tue, May 7 | 10:30am-12pm | \$18 **V**

*Some historians have argued that many of our Constitution's innocuous-sounding articles offered a dramatic giveaway to slaveholders.*

## 304 | The Evolution of Privacy Rights in the American Legal System

John McCarthy, MoCo State's Attorney  
Wed, May 8 | 10:30am-12pm | \$18 **H**

*With a focus on media privacy and reproductive privacy rights.*

## 311 | 'The Forgotten Army': World War II in Southeast Asia

David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps  
Tue, May 14 | 10:30am-12pm | \$18 **H**

*The story of the WWII British 14th army and their very remarkable commander, Field Marshal William Slim.*

## 313 | The Story of the Dead Sea Scrolls

Gary A. Rendsburg, Distinguished Professor, Jewish Studies, Rutgers University  
Tue, May 14 | 1-2:30pm | \$18 **V**

*Their groundbreaking discovery and what we've learned in 75 years of study.*

## 320 | Fragile Cargo: The World War II Race to Save the Treasures of China's Forbidden City

Adam Brookes, Journalist and Foreign Correspondent  
Mon, May 20 | 1-2:15pm | \$15 **H**

*Story of the brave curators and art historians who saved China's imperial art collections from devastation.*

## 333 | The Women Who Shaped The Men Who Shaped The World

Charlotte Gray, Author  
Wed, May 29 | 1-2pm | \$12 **V**

*This best-selling author discusses her double biography of Churchill's and FDR's remarkable mothers.*

## 334 | Fighting for Change: The Language of Social Movements (1964-2024)

Jade Olson, Ph.D., Associate Clinical Professor of Communication, UMD  
Thu, May 30 | 10:30am-12pm | \$18 **H**

*What are the rhetorical strategies activists use to fight for power and change?*

## 341 | The Electoral College: An American Story

Denver Brunsmann, Department of History, GWU  
Mon, Jun 3 | 1-2:30pm | \$18 **H**

*History of America's most unloved political institution.*

## 342 | Disunited Kingdom: The American Revolution in Britain

Richard Bell, Professor of History, UMD  
Tue, Jun 4 | 10:30am-12pm | \$18 **V**

*The bitterly divided British response to the war.*

## 344 | The Worst Supreme Court Decisions in History

John McCarthy, MoCo State's Attorney  
Wed, Jun 5 | 10:30am-12pm | \$18 **H**

*Four of the worst decisions by the Court, as history tells us.*



**357 | Circles of Women: Women’s Lives in Imperial China**

Dorothy Trench Bonett, Writer

**Thu, Jun 13 | 1-2pm | \$12 **H****

*Despite many restrictions, women found ways to thrive.*

**361 | Will Adams, Fiddler of Ken-Gar**

Julianne Mangin, Writer and Historian

**Mon, Jun 17 | 10:30-11:30am | \$12 **H****

*A glimpse of local African American life and music in Montgomery County, from slavery’s final years to the mid-1900s.*

**367 | Circles of Women: Women in the Renaissance**

Dorothy Trench Bonett, Writer

**Thu, Jun 20 | 1-2pm | \$12 **H****

*How did the Renaissance improve women’s lives?*

**372 | Patton’s Third Army: Final Campaigns of World War II**

David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps

**Tue, Jun 25 | 10:30am-12pm | \$18 **H****

*The Third Army’s limited combat but spectacular contribution to the victory of the Western Allies in WWII.*

**373 | Women’s Fashion in America: The Ultimate Fashion Show from 1665-2023**

Barbara Blumberg Ressin, CCBC

**Tue, Jun 25 | 1-2:30pm | \$18 **H****

*Witness what women have always had to put up with and all in the name of fashion!*

**381 | The Tragedy of Tom Paine**

Richard Bell, Professor of History, UMD

**Tue, Jul 2 | 10:30am-12pm | \$18 **V****

*The curious meteoric rise and fall of this American celebrity.*

**393 | Criminal Justice through the Lens of the Supreme Court**

John McCarthy, MoCo State’s Attorney

**Wed, Jul 10 | 10:30am-12pm | \$18 **H****

*A focus on four of the most important Supreme Court cases in criminal procedure.*



**400 | Marquis de Lafayette: The Hero of Two Worlds**

Patricia Maclay, The American Friends of Lafayette

**Mon, Jul 15 | 1-2pm | \$12 **H****

*Join Lafayette on his 6,000 miles and 24 states Farewell Tour of America!*

**414 | Heurich House: A Local Historic Gem**

Jenna Febrizio, PhD, Curator and Director of Education, Heurich House Museum

**Wed, Jul 24 | 10:30-11:45am | \$15 **H****

*Explore the history of those who lived and worked in this grand Dupont Circle Victorian-era mansion.*

**422 | African Resistance to the Transatlantic Slave Trade**

Richard Bell, Professor of History, UMD

**Tue, Jul 30 | 10:30am-12pm | \$18 **V****

*The huge varieties of African resistance to this 400-year-long nightmare.*

**442 | The History of DC’s Black Broadway**

Briana Thomas, Historian, Journalist and Tour Guide

**Tue, Aug 13 | 1-2pm | \$12 **V****

*Journey back in time with a visit to DC’s Greater U Street area and its sights and sounds.*

# Practical Information

## 301 | Learn to Play Mah Jongg!

Nancy Kay, Mah Jongg Instructor

**Mon, May 6 - Jun 17 | 10:30am-12:30pm | \$155**

**6 sessions** **IP**

*Learn the 'great game of China.'*



## 920 | Mah Jongg Practice Group

Oasis Members

**Mon, May 6 - Aug 12 | 1-2:30pm | \$30 | 14 sessions** **IP**

*Practice your skills with other advanced-beginner and intermediate players.*

## 312 | Basic Poker

Marilyn Lichtman, PhD

**Tue, May 14 - Jun 18 | 10:30am-12:30pm | \$144**

**6 sessions** **IP**

*Learn popular home games, strategy, betting, and bluffing.*

## 317 | Fire and Carbon Monoxide Safety in Your Home

Jim Resnick (retired Battalion Chief), Program Manager,  
Senior Outreach & Education, MCFRS

**Thu, May 16 | 10:30-11:30am | Free** **H**

*What you really need to know about your smoke and carbon monoxide alarms.*

## 321 | Coffee with a Cop

Officer Demond Johnson. Community Services Officer,  
2nd District, Montgomery County Police Department

**Tue, May 21 | 10:30-11:30am | Free** **IP**

*An update from MCPD with time for questions and discussion of public safety concerns.*

## 340 | Take Control of Your Future with Rightsizing

Brandon Roger, MSW, MBA

**Mon, Jun 3 | 10:30-11:45am | \$15** **V**

*Make life decisions for yourself before a life emergency makes them for you*

## 350 | Free Tools to Make Your Life Easier: Google Docs and Sheets

Deeva Garel, Technology Instructor

**Mon, Jun 10 | 10:30am-12pm | \$18** **IP**

*Create documents and spreadsheets on your own or in collaboration with others.*

## 352 | Off the Beaten Path: Charleston, SC

Barbara Paulson, Travel Specialist

**Mon, Jun 10 | 1-2:30pm | \$18** **V**

*Explore some of the less familiar attractions in this Southern gem of a town.*

## 354 | Free Tools to Make Your Life Easier: Google Photos

Deeva Garel, Technology Instructor

**Wed, Jun 12 | 10:30am-12pm | \$18** **IP**

*Upload, organize, share, edit and back up photos with this free app.*

## 360 | Free Tools to Make Your Life Easier: Google Maps, Calendar and Email

Deeva Garel, Technology Instructor

**Mon, Jun 17 | 10:30am-12pm | \$18** **IP**

*These apps have many more uses than their names imply.*

### 363 | Advanced Beginner Bridge

Gary Cahn, Computer Instructor  
**Tue, Jun 18 - Jul 30 | 1-3pm | \$144 | 6 sessions IP**

*If you've taken Beginners Bridge, join us at the next level!*

### 365 | How to Access Digital Resources at Your Library

Febe Huezo, Outreach Associate, MCPL  
**Wed, Jun 26 | 1-2pm | Free H**

*There are so many free resources available outside of the library's four walls!*

### 377 | JCA's Senior Resources from A to Z

Dana Hirsch and Burney Simpson, JCA  
**Thu, Jun 27 | 10:30-11:30am | Free H**

*Learn how to access personalized guidance on everything from housing to transportation and more.*

### 404 | Beginner Canasta

Michele Heffner, Canasta Instructor  
**Tue, Jul 16 - Aug 20 | 1-3pm | \$150 | 6 sessions IP**

*Learn this old card game in its hot, new modernized version.*

### 412 | AARP Smart Driver Course

Ken Ow, AARP Volunteer  
**Tue, Jul 23 | 10:30am-3:30pm | Free IP**

*Drivers who complete this course may receive a discount on auto insurance, depending on state regulations.*

### 416 | More! Off the Beaten Path in Montgomery County

Ralph D Buglass, Montgomery History  
**Thu, Jul 25 | 10:30am-12pm | \$15 H**

*By popular demand, spotlighting additional lesser-known places of interest in Montgomery County.*

### 417 | AARP Driver TEK: Car Safety and Technology

Ken Ow, AARP Volunteer  
**Thu, Jul 25 | 1-2:30pm | Free IP**

*How to use high-tech safety features in your current car and what to look for when shopping for a new car.*

### 420 | Using Digital Payment Apps Safely

Bernardo Vega, MoCo Office of Consumer Protection  
**Mon, Jul 29 | 10:30-11:45am | Free H**

*What are the best payment app options and best practices for using them safely? This class is sponsored by The Grandview by Erickson Senior Living.*

### 423 | Off the Beaten Path: Quebec City

Barbara Paulson, Travel Specialist  
**Tue, Jul 30 | 1-2:30pm | \$18 V**

*Visit the less-traveled byways of this most French North American city.*



## Grandparents: Getting Started NEW!

**Wednesday, May 22 | 2-5 pm | \$50 | At Oasis**

Taught by certified Safe Sitter® Instructors, participants will learn how to provide the best and safest care for their grandchildren. You will also learn the latest information on how to safely care for infants and children and how to manage the behavior of children of all ages, in addition to life-saving skills such as choking rescue, first aid, and injury management.

**Register at [events.suburbanhospital.org](https://events.suburbanhospital.org)**

# Science, Math & Nature

## 324 | Mind, Brain, and Soul: What is the Source of Consciousness?

Steven Gimbel, Prof. of Philosophy, Gettysburg College  
**Thu, May 23 | 10:30am-12pm | \$18** V

*Humans are conscious beings, but what makes us so?*

## 353 | Generative AI: What It Is & What It Can Do

Sheldon Hochberg, Attorney  
**Tue, Jun 11 | 1-2:30pm | \$18** H

*Since the release of ChatGPT in November 2022, Generative AI has become the hottest topic in technology.*

## 392 | Earth's Big Challenges: What Are They and Can Engineering Help Solve Them?

Guillermo Warley, Electronics Engineer  
**Tue, Jul 9 | 10:30am-12pm | \$18** H

*Examining three major challenges our planet is facing: air pollution, water supply and climate change.*

## 402 | A Closer Look at Technologies That Address Earth's Big Challenges

Guillermo Warley, Electronics Engineer  
**Tue, Jul 16 | 10:30am-12pm | \$18** H

*We'll examine water desalination, carbon capture, batteries for EV's and grid energy storage, and AI.*

## 406 | Artificial Intelligence and Artificial Consciousness

Steven Gimbel, Prof. of Philosophy, Gettysburg College  
**Thu, Jul 18 | 10:30am-12pm | \$18** V

*Machines can't think...or can they?*

## 435 | Paradoxes, Infinity, and the Limits of Thought

Steven Gimbel, Prof. of Philosophy, Gettysburg College  
**Thu, Aug 8 | 10:30am-12pm | \$18** V

*How do we think about what we can't think about?*

## 366 | The Uncritical Brain: Logical Mistakes We Are Wired To Make

Steven Gimbel, Prof. of Philosophy, Gettysburg College  
**Thu, Jun 20 | 10:30am-12pm | \$18** V

*Are we really rational animals?*



# Nature Walks

## 248 | Walk with a Naturalist: C & O Canal, Carderock Recreation Area

Marianne Starr, Naturalist, Locust Grove Nature Center  
**Sat, May 4 | 10:30am-12:30pm | \$30** IP

*Level of Difficulty: 1/5 We'll look for late blooming spring flowers, insects and talk about their importance to the ecosystem, and wildlife.*

## 349 | Walk with a Naturalist: Little Bennett Regional Park

Marianne Starr, Naturalist, Locust Grove Nature Center  
**Sat, Jun 8 | 10am-12pm | \$30** IP

*Level of difficulty: 3/5 Learn about a unique ecosystem and history of this vast, quiet park.*

## 396 | Walk with a Naturalist: Rock Creek Park Trail

Marianne Starr, Naturalist, Locust Grove Nature Center  
**Sat, Jul 13 | 10am-12pm | \$30** IP

*Level of Difficulty: 2.5/5 We'll walk along Rock Creek, look for summer wildflowers, interesting arthropods and enjoy a summer morning in the woods.*

## 437 | Walk with a Naturalist: Rachel Carson Greenway Trail

Marianne Starr, Naturalist, Locust Grove Nature Center  
**Sat, Aug 10 | 10am-12pm | \$30** IP

*Level of Difficulty: 2.5/5 Named for environmentalist and County resident Rachel Carson, this natural trail includes a beautiful waterfall and plenty of trees to keep you in the shade.*



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# Oasis Gives Back!

Sign up for a one-time volunteer opportunity or consider a weekly commitment to our Intergenerational Tutoring Program.

**300 | Volunteer at Manna Food Center**  
Mon, May 6 | 10am-12pm | Free

*Help sort food at Manna, which distributes 12,000 pounds of food daily.*

**319 | Volunteer at Red Wiggler Community Farm**  
Fri, May 17 | 10am-12pm | \$10

*Work side-by-side, under supervision, doing a variety of farming tasks with Farm staff who have intellectual/developmental disabilities.*

**376 | Volunteer at Comfort Cases**  
Wed, Jun 26 | 2-3:30pm | Free

*Comfort Cases provides essential items to children being placed in foster care.*

**411 | Volunteer at A Wider Circle**  
Mon, Jul 22 | 1-3pm | Free

*Help sort donations and stock showrooms for neighbors seeking to rise out of poverty.*

## TUTOR, MENTOR



## MAKE A DIFFERENCE

Discover the joy of giving back to our community through volunteering with the Oasis Intergenerational Tutoring Program.

Work one-on-one with a child in a local public school as a tutor and mentor.

If you are interested in tutoring for the 2024-2025 school year, please contact Oasis Tutor Coordinator, Kathleen McDaniel at [kmcdan10@jhmi.edu](mailto:kmcdan10@jhmi.edu) or 240-800-3745.

