

STAY ACTIVE, HEALTHY AND ENGAGED!



CLASS CATALOG WINTER-SPRING 2025

ART • CURRENT EVENTS • HISTORY • MUSIC • EXERCISE • TOURS • VOLUNTEERING • AND MORE...

Dear Oasis Friends,

We are excited to present our **Winter 2025 catalog!**
Below are some tips to find and register for classes.


Finding Classes:

- In this catalog we’ve organized the classes by **Category**.
- If you prefer to view classes by **Date** or **Instructor**, you can use the **Filter** feature on our website.

Class Formats:

- Please make note of the format of the classes you sign up for.
- The class format is listed next to the class price (i.e., **At Oasis**, **At Oasis/Zoom**, or **Zoom**).

Class Recordings:

- This winter, we are embarking on a pilot program to record many of our lectures.
- Lectures that will be recorded have a red camera icon next to them in this catalog. 
- For more details, see the back cover of the catalog.

Registration Tips:

- You can register at anytime through our website.
- Alternatively, you can mail in or drop off your registration using the form on page 15.
- For couples or friends taking online classes together, please register for 2 seats.
- If you see a Washington Metro Oasis class on the Oasis Everywhere site, please register directly for it on the **Washington Metro Oasis** site.

Give the Gift of Oasis

- Lifelong learning helps keep our minds and spirits bright.
- Consider gifting an Oasis Gift Card for friends and family on your holiday list.

If you need assistance with registration, feel free to contact us or visit our center. Our contact information and office hours are on the right.




We wish you happy and healthy holidays. We look forward to seeing you at Oasis or online in 2025.

*Anna, Janice,
Kathleen & Leah*



CONTACT US

Washington Metro Oasis
Macy’s Home Store (2nd Floor)
Westfield Montgomery Mall
7125 Democracy Blvd
Bethesda, MD 20817

-  240-800-3745
-  washington-metro.oasisnet.org
-  washingtonmetro@oasisnet.org

HOURS

Mon – Thu, 10:00am – 4:00pm
Oasis will be closed January 1 and 20

OASIS STAFF

Anna Stokes, Executive Director
astoke12@jhmi.edu | 240-800-3740

Janice Pliner, Program Manager
jpliner1@jhmi.edu | 240-800-3738

Leah Russi, Operations Manager
lrussi1@jhmi.edu | 240-800-3741

Kathleen McDaniel, Intergenerational Tutor Coordinator
kmcdan10@jhmi.edu | 240-800-3742

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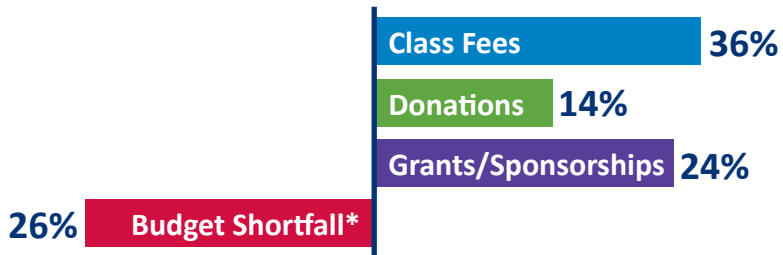
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You are essential to the future of Oasis!

HOW IS OASIS FUNDED?



**The current budget shortfall is due to reduced class revenue following the COVID pandemic.*

HOW CAN YOU SUPPORT OASIS?

- Sign up for classes.
- Spread the word about Oasis to your family, friends and neighbors!
- Donate! Every dollar makes a difference. washington-metro.oasisnet.org/donate
- Leave a lasting legacy. Designate Oasis in your will or other planned giving.

THANK YOU TO OUR GENEROUS DONORS!

The following individuals have made gifts of \$250 or more between November 1, 2023 and November 1, 2024.

Matisse Benefactor (\$2500 and above)

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THANK YOU TO OUR 2024 GRANTORS AND SPONSORS



THE RICHARD E. & NANCY P. MARRIOTT FOUNDATION



Art & Art Appreciation


117 | Brilliant Exiles:

American Women Artists in Paris, 1900-1939

Joan Hart, Art History Instructor, Museum One, Inc.
Thu, Jan 23 | 1-2:30pm | \$18 | Zoom

These women were determined to move beyond the limitations that restricted them in the U.S.

173 | Capital Cities: Art, Architecture, and Identity Part 1: Rome

Judy Scott Feldman, Ph.D., Art Historian
Tue, Mar 4 | 1-2:30pm | \$18 | At Oasis/Zoom 

After the emperor Constantine converted to Christianity in 312, artists in Rome reshaped pagan artistic traditions to new Christian purposes. (See also classes #182, 193, 201)




174 | Art Afternoon: 3D Flower Collage

Martina Sestakova, Art Educator, Designer and Painter
Tue, Mar 4 | 2-3:30pm | \$30 | At Oasis

Create a unique collage in watercolors -- no experience necessary! (See also class #205)

182 | Capital Cities: Art, Architecture, and Identity Part 2: Constantinople

Judy Scott Feldman, Ph.D., Art Historian
Tue, Mar 11 | 1-2:30pm | \$18 | At Oasis/Zoom 


In the new capital Constantine founded in 330 on the boundary of Europe and Asia, artists developed a distinctive Byzantine art and architecture. (See related classes #173, 193, 201)

187 | Alphonse Mucha: Iconic Art Nouveau Artist

Joan Hart, Art History Instructor, Museum One, Inc.
Thu, Mar 13 | 1-2:30pm | \$18 | At Oasis/Zoom


From his famous posters of theatrical actresses like Sarah Bernhardt to his innovative advertising designs, Mucha's work is celebrated for its beauty and intricate detail.

193 | Capital Cities: Art, Architecture, and Identity Part 3: Aachen

Judy Scott Feldman, Ph.D., Art Historian
Tue, Mar 18 | 1-2:30pm | \$18 | At Oasis/Zoom 

Charlemagne, Emperor of the Romans from 800, called his new capital the "Second Rome." (See also classes #173, 182, 201)

201 | Capital Cities: Art, Architecture, and Identity Part 4: Washington DC

Judy Scott Feldman, Ph.D., Art Historian
Tue, Mar 25 | 1-2:30pm | \$18 | At Oasis/Zoom 

In the 20th century, the federal use of classical architecture gave way to a new modernist style and changing attitudes towards how we interpret American history. (See also classes #173, 182, 193)

205 | Art Afternoon: Abstract Art Inspired by Music

Martina Sestakova, Art Educator, Designer and Painter
Wed, Mar 26 | 2-3:30pm | \$30 | At Oasis

We'll use music to inspire intuitive watercolor creations—no experience needed! (See also class #174)


**Look for this icon next to
classes that will be recorded.**



You must be registered for a class before it begins in order to request access to the class recording.

Current Events

100 | Reflections on the 2024 Election

Steve Roberts, Journalist and Author
Mon, Jan 13 | 1-2:30pm | \$18 | At Oasis/Zoom 

In clear and cogent terms, Roberts will help us make sense of it all.

104 | 1L in a Nutshell, Part 1: Criminal Law

John McCarthy, Montgomery County State's Attorney
Wed, Jan 15 | 10:30am-12pm | \$18 | At Oasis/Zoom

Welcome to Law School in a Nutshell, where we make the first-year curriculum of law school both engaging and approachable! Explore what constitutes a crime and the most common defenses raised in criminal trials. (See also classes #144, 194, 233)

126 | Middle East Chaos and Consequences

Molly Williamson, Foreign Service Officer (Ret.) and Scholar, Middle East Institute
Wed, Jan 29 | 1-2:30pm | \$18 | At Oasis/Zoom 

Gain important context for the spiraling eruptions of violence.

132 | Trump's Return and the Future of American Politics

Geoffrey Kabaservice, Niskanen Center, D.C.
Tue, Feb 4 | 1-2:30pm | \$18 | At Oasis/Zoom 


What does his reelection suggest for the future direction of the Republican Party?

144 | 1L in a Nutshell, Part 2: Criminal Procedure

John McCarthy, Montgomery County State's Attorney
Wed, Feb 12 | 10:30am-12pm | \$18 | At Oasis/Zoom

Explore the journey of a criminal case from arrest to the courtroom. (See also classes #104, 194, 233)

152 | Common Sense Solutions to Curb the National Debt

Owen Ullmann, Journalist and Author
Tue, Feb 18 | 1-2:15pm | \$15 | At Oasis/Zoom 

What are some modest steps that could make a huge difference in keeping the debt to a manageable level, without a feared voter backlash?


194 | 1L in a Nutshell, Part 3: Torts

John McCarthy, Montgomery County State's Attorney
Wed, Mar 19 | 10:30am-12pm | \$18 | At Oasis/Zoom

Discover how these legal mishaps impact lives and shape society in unexpected ways. (See also classes #104, 144, 233)




203 | Baseball 2025 Preview

Stephen Klatsky, Retired Attorney and Baseball Aficionado
Wed, Mar 26 | 10:30am-12pm | \$18 | At Oasis/Zoom 


Will the 2025 season be as incredible as 2024?

208 | Options for Peace in a World Consumed by War

Owen Ullmann, Journalist and Author
Thu, Mar 27 | 1-2:15pm | \$15 | At Oasis/Zoom 

Most of today's global conflicts escape the developed world's attention.

223 | The Transformation of DC Football

Nicki Jhabvala, NFL Reporter, The Washington Post
Tue, Apr 8 | 1-2pm | \$12 | At Oasis/Zoom 

Gain insights into the Commanders' successful turnaround and where that will take them.

233 | 1L in a Nutshell, Part 4: Negligence

John McCarthy, Montgomery County State's Attorney
Wed, Apr 16 | 10:30am-12pm | \$18 | At Oasis/Zoom

Learn how everyday actions can lead to unexpected legal issues and personal consequences. (See also classes #104, 144, 194)

Discussion Groups

Oasis Discussion Groups engage in conversations on a wide variety of political, cultural, and newsworthy topics, as well as other issues of common interest selected by the group. Every group has a different "flavor" so we invite you to try a group first to make sure it's a good match. If you'd like to try an ongoing discussion group before signing up, please email us: washingtonmetro@oasisnet.org

910 | Men's Discussion Group (A)

Mon, Jan 6 – Apr 28 | 10:30am-12pm | \$30 | Zoom

911 | Bethesda Men's Discussion Group (A)

Mon, Jan 6 – Apr 28 | 10:30am-12pm | \$30 | Zoom

912 | Men's/Women's Discussion Group (B)

Tue, 10:30am-12pm & Fri, 12:30-2pm
Jan 7 – May 2 | \$30 | Zoom

913 | Men's/Women's Discussion Group (A)

Tue, Jan 7 – Apr 29 | 1-2:30pm | \$30 | Zoom

914 | NEW!! In-Person Men's Discussion Group

Wed, Jan 8 – Apr 30 | 1-2:30pm | \$30 | At Oasis

915 | Women's Discussion Group

Libby Merrill, Facilitator

Thu, Jan 9, Feb 13, Mar 13, Apr 10 | 10:30am-12pm
\$20 | 4 Sessions | At Oasis

916 | Men's Discussion Group (B)

Thu, Jan 9 – May 1 | 1-2:30pm | \$30 | Zoom

917 | Bethesda Men's Discussion Group (B)

Fri, Jan 10 – May 2 | 10-11:30am | \$30 | Zoom

125 | Classic Favorites Book Discussion:

One Flew Over the Cuckoo's Nest by Ken Kesey

Jonina Duker, Certified Book Discussion Leader

Tue, Jan 28 | 3-4:30pm | \$18 | Zoom

How does Kesey's best-selling 1962 novel about mental health care resonate today?

162 | Banned Book Discussion:

Adventures of Huckleberry Finn by Mark Twain

Jonina Duker, Certified Book Discussion Leader

Tue, Feb 25 | 3-4:30pm | \$18 | Zoom

Banned soon after its publication, this novel explores themes of freedom, civilization, and prejudice.



202 | Book Discussion:

The Mirror Crack'd by Agatha Christie

Jonina Duker, Certified Book Discussion Leader

Tue, Mar 25 | 3-4:30pm | \$18 | Zoom

Featuring the beloved amateur detective Miss Jane Marple.

242 | Book Discussion:

The Life Impossible by Matt Haig

Jonina Duker, Certified Book Discussion Leader

Tue, Apr 22 | 3-4:30pm | \$18 | Zoom

Can Grace find happiness again at age 72?

Health & Fitness

902 | Memory Café - Support Group

Volunteers, Alzheimer's Assn, National Capital Area
Fri, Jan 3, Feb 7, Mar 7, Apr 4 | 2-3pm
Free | 4 Sessions | Zoom

Meet and spend time with others also experiencing a similar journey with memory loss.

Yoga Dance

Kathy Hankins, Certified Yoga and Meditation Instructor

900 | Session 1 | Mon, Jan 6 – Feb 10 | 3-4pm | \$75
5 Sessions | At Oasis

908 | Session 2 | Mon, Mar 3 – Apr 14 | 3-4pm | \$105
7 Sessions | At Oasis

909 | Session 3 | Thu, Mar 6 – Apr 17 | 3-4pm | \$105
7 Sessions | At Oasis

Save \$30 when you sign up for class 908 & 909 together!

919 | Session 2 & 3 | Mon, Thu, Mar 3 – Apr 17 | 3-4pm
\$180 | 14 Sessions | At Oasis

Recent research supports the hypothesis that dance and yoga reverse aging.

Chair Strength and Balance

Erika Campbell, Strength and Balance Instructor

906 | Session 1 | Tue, Jan 7 – Feb 25 | 1:30-2:30pm
\$120 | 8 Sessions | Zoom

926 | Session 2 | Tue, Mar 4 – Apr 15 | 1:30-2:30pm
\$105 | 7 Sessions | Zoom

Build endurance and support your balance in this chair-based strength class.

901 | Caregivers Support Group (Sponsored by Family and Nursing Care)

Erica Greenspan, LCSW-C, LICSW
Wed, Jan 8 – Apr 16 (bi-weekly)
11am-12pm | Free | 8 Sessions | Zoom

Learn from and connect with others who are also caring for a loved one.



Build Better Balance

Erika Campbell, Strength and Balance Instructor

903 Session 1 | Fri, Jan 10 – Feb 28 | 1:30-2:30pm | \$120
8 Sessions | Zoom

923 | Session 2 | Fri, Mar 7 – Apr 18 | 1:30-2:30pm
\$105 | 7 Sessions | Zoom

Learn practical strategies for preventing falls while enjoying some fun balance and coordination exercises.

Have a Ball with Cardio Drumming

Larissa Johnson, Fitness Instructor

905 | Session 1 | Fri, Jan 10 – Feb 21 | 10:15-11:15am
\$105 | 7 Sessions At Oasis

925 | Session 2 | Fri, Mar 7 – Apr 18 | 10:15-11:15am
\$105 | 7 Sessions | At Oasis

A fun, easy, and effective workout, mostly seated with optional standing activities.

103 | Winter Mall Walking Group

Mary Ferguson, Oasis Volunteer

Tue, Jan 14 – Apr 15 | 2-3pm | \$30 | 14 Sessions | At Oasis

Join us for an energetic walk around Montgomery Mall. All walking speeds are welcome.

109 | Transform Your Sleep with the Sounder Sleep System®

Alison Babil, Guild Certified Feldenkrais® Practitioner
Thu, Jan 16 – Feb 27 | 2-3:30pm | \$126 | 7 Sessions
At Oasis

Learn simple, gentle movements designed to bring profound mental and physical rest.



The following classes are brought to you by Suburban Hospital's *WellWorks* program.



128 | Sleep Smarter: Managing Sleep with Age

Dr. Rachel Salas, Johns Hopkins Center for Sleep and Wellness

Thu, Jan 30 | 1-2pm | Free | Zoom

Health factors that influence sleep as we age.

145 | Sepsis Awareness for Seniors

Dr. Rebecca Shaffer, Infectious Disease Physician

Wed, Feb 12 | 1-2pm | Free | Zoom

How to recognize sepsis, initiate therapy, and implement effective prevention strategies.

163 | How To Avoid Fad Diets, Food Hype, and Nutrition Misinformation

Licensed Registered Dietician, Suburban Hospital

Thu, Feb 27 | 1-2pm | Free | Zoom

The top ten ways to spot red flags of diet misinformation!

209 | Colorectal Cancer Awareness

Dr. Otis Brawley, Johns Hopkins Kimmel Cancer Center

Thu, Mar 27 | 1-2pm | Free | Zoom

Colorectal cancer prevention, appropriate screening, diagnostics, and treatment.

Join us virtually each month for 90 minutes to get active, learn simple tips for making healthy choices and engage with chefs in a live cooking demonstration.

New Year, New Nutrition: Building a Healthy Diet Plan

Wed, Jan 22 | 6:00 - 7:30pm | Free | Online via Zoom

February is for Sweethearts

Wed, Feb 26 | 6:00 - 7:30pm | Free | Online via Zoom

GMO, Natural, Cage-Free! Oh My! Clarifying Common Food Label Terms

Wed, Mar 26 | 6:00 - 7:30pm | Free | Online via Zoom

Don't Be Fooled - Know Your Cancer Risks!

Wed, Apr 23 | 6:00 - 7:30pm | Free | Online via Zoom

How to register for Dine, Learn & Move

To register for any of these sessions, send an email to wellnessinfo@co.pg.md.us. Include your first and last name as well as the date of the session you are interested in joining. Once registered, you will receive a confirmation and Zoom link via email.

Dine, Learn & Move is a free program provided in partnership with the Prince George's County Health Department, Suburban Hospital, University of Maryland Capital Region Health and the Maryland-National Capital Park and Planning Commission, Department of Parks & Recreation.

Talk & Walk for Breast Cancer

This free program meets the 3rd Friday of every month from 10:30 to 11:30 am at Oasis. All monthly sessions will include discussion and group walking through the mall. Guest speakers in the cancer care of women will join quarterly to share information about updates in treatment, research, nutrition, psychosocial health, and more.


Email Kara Woodshank: kwoodsh1@jhmi.edu to learn more and register.



History

113 | **Murder, Inc.: The CIA under John F. Kennedy**

James H Johnston, Lawyer and Author

Tue, Jan 21 | 1-2pm | \$12 | At Oasis/Zoom 

Hear fascinating insights from a former lawyer for the Senate Intelligence Committee.

115 | **The New World Before and After 1492**

Richard Bell, Professor of History, UMD

Wed, Jan 22 | 1-2:30pm | \$18 | At Oasis/Zoom 

Sail back in time and explore the colonization of our great continent.

120 | **Hidden Alleyways of Washington, DC: A History**

Kim Williams, Architectural Historian

Mon, Jan 27 | 1-2pm | \$12 | At Oasis/Zoom 

Take a trip through DC's alleys: parallel worlds of residential, manufacturing, and artistic spaces.

122 | **Nazis on the Potomac: The Top-Secret Intelligence Operation that Helped Win World War II**

Robert K Sutton, Chief Historian, National Park Service (Ret.)

Tue, Jan 28 | 10:30-11:30am | \$12 | At Oasis/Zoom 

The thrilling story that took place in our own backyard.

124 | **C&O Canal: Dividing Line Between the Union and Confederacy**

Jim Buchanan, Volunteer, C&O National Park

Tue, Jan 28 | 1-2:30pm | \$18 | At Oasis/Zoom 

Uncover the Civil War struggles over the C&O Canal and the impact on those who called it home.

131 | **The Norman Conquest of 1066**


Jennifer Paxton, The Catholic University of America

Tue, Feb 4 | 10:30am-12pm | \$18 | At Oasis/Zoom 

The invasion that never should have succeeded!

133 | **FLEE NORTH: A Forgotten Hero and the Fight for Freedom**

Scott Shane, Reporter and Author

Wed, Feb 5 | 10:30-11:30am | \$12 | At Oasis/Zoom 

Discover the lost story of Thomas Smallwood, a freed slave who invented the term 'underground railroad.'

136 | **Under the Dome: Politics, Crisis and Architecture at the United States Capitol**

Alan M. Hantman, FAIA, 10th Architect of the Capitol

Thu, Feb 6 | 1-2:30pm | \$18 | Zoom 

Explore the Capitol's growth and security challenges from its 1793 design to the 2021 insurrection.

155 | **The Battle for America: The French and Indian War**

Richard Bell, Professor of History, UMD

Thu, Feb 20 | 1-2:30pm | \$18 | At Oasis/Zoom 

The world's first truly global war.

172 | **Thomas Becket: A Martyr for All Seasons**

Jennifer Paxton, The Catholic University of America

Tue, Mar 4 | 10:30am-12pm | \$18 | At Oasis/Zoom 

Becket's death turned him from a lightning rod for controversy into the most important saint in Europe.

175 | **War of 1812: Bladensburg Chaos. North Point Courage. Fort McHenry Defiance**

John Emond, Program Manager, NASA (Retired)

Wed, Mar 5 | 10:30-11:45am | \$15 | At Oasis/Zoom 

In less than a month, the United States went from despair to celebration.

181 | **A Walk Through Oxford's Storied Past**

Gary A. Rendsburg, Rutgers University

Mon, Mar 10 | 1-2:30pm | \$18 | At Oasis/Zoom 

The verve and culture of the ancient university town comes to life in this talk.

183 | **Lafayette: The Most Dangerous Man of All**

Richard Bell, Professor of History, UMD

Tue, Mar 11 | 1-2:30pm | \$18 | At Oasis/Zoom 

Why doesn't Europe recognize Lafayette like we in the United States do?


200 | **Winning the War in Europe: Paris to Surrender, 1944-45**

David Silbey, Cornell University

Tue, Mar 25 | 10:30am-12pm | \$18 | At Oasis/Zoom 

It was a long, hard fight to the end!

211 | Magna Carta Then and Now

Jennifer Paxton, The Catholic University of America
Tue, Apr 1 | 10:30am-12pm | \$18 | At Oasis/Zoom 

How did this 1215 document become a blueprint for good government and sound judicial practice?

212 | Young George Washington, Native Americans, and the West

Denver Brunsman, George Washington University
Tue, Apr 1 | 1-2:30pm | \$18 | At Oasis/Zoom 


Far from mature or fully American, the young Washington holds a number of surprises for us today.

213 | Chamberlain and Churchill: Antagonists Who Saved Democracy

Alan I. Saltman, Author
Wed, Apr 2 | 10:30-11:45am | \$15 | At Oasis/Zoom 


The author of 'No Peace with Hitler' explores the relationship and resolve of these two politicians.

215 | The Crusades, Reexamined

David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps
Thu, Apr 3 & 10 | 10:30am-12pm | \$36 | At Oasis/Zoom 

Explore the transformative clash of cultures, ideologies, and innovations sparked by the Crusades.

222 | Sole to Soul: The Fascinating History of Women's Footwear

Barbara Blumberg Ressin, CCBC
Tue, Apr 8 | 10:30am-12pm | \$18 | At Oasis/Zoom 


Discover how shoes have evolved with societal shifts and fashion trends.

226 | Before You Can Say Jackie Robinson: Black Baseball in America

Dr. Lawrence Hogan, Prof. of History Emeritus, Union College, NJ and Kevin Kane, Writer, Musician & Playwright
Thu, Apr 10 | 1-2pm | \$12 | At Oasis/Zoom

Celebrate the history of Black baseball players from the 1880s to Jackie Robinson's entry into the Major Leagues.


232 | Border City, Border War: Fighting for Freedom and Slavery in Antebellum Baltimore

Richard Bell, Professor of History, UMD
Tue, Apr 15 | 1-2:30pm | \$18 | At Oasis/Zoom 

Discover how Baltimore became a battleground of freedom vs. oppression in the turbulent decades leading to the Civil War.


Humanities

112 | Who Wrote the Bible?

Gideon Amir, Hebrew Scholar
Tue, Jan 21 | 10:30am-12pm | \$18 | Zoom 


Explore the answer to this age-old question with scholarly ideas and fascinating examples.

141 | Florence: Off the Beaten Path

Barbara Paulson, Travel Specialist
Mon, Feb 10 | 1-2:30pm | \$18 | Zoom 

Over a dozen alternatives to the "Big Box" museums, churches, and sites of Florence.

143 | Lewis Carroll's World of Wonder

Daniel Stashower, Author and Historian
Tue, Feb 11 | 1-2:30pm | \$18 | At Oasis/Zoom 

Explore Lewis Carroll's life, legacy and favorite selections from Alice and other celebrated works.

186 | The Book of Ruth

Gideon Amir, Hebrew Scholar
Thu, Mar 13-27 | 10:30am-12pm | \$54 | 3 Sessions | Zoom 

A book so special that it was included in both the Jewish and Christian canon.

192 | Exploring Eastern Faiths: Beliefs, Worship & Values

Symi Rom-Rymer, Interfaith Council of Metro Washington
Tue, Mar 18 | 10:30am-12pm | \$20 | At Oasis

Discover the richness of Eastern religions' diverse perspectives on the divine and the human experience.



Practical Information

920 | Mah Jongg Practice Group

Oasis Members

Mon, Jan 6 – Apr 21 | 1-2:30pm | \$30

15 Sessions | At Oasis

Practice your skills with other advanced-beginner and intermediate players.

102 | Beginner Canasta

Michele Heffner, Canasta Instructor

Tue, Jan 14 – Feb 18 | 1-3pm | \$150 | 6 Sessions

At Oasis

Learn this old card game in its hot, new modernized version.

921 | Canasta Practice Group

Oasis Members

Tue, Jan 14 – Apr 22 | 1-2:30pm | \$30

15 Sessions | At Oasis

Practice your skills with other beginner players.

Oasis Game Club

Oasis Members | All sessions are in person at Oasis

106 | *Codenames* | Wed, Jan 15 | 1-2:30pm | \$10

153 | *Rummikub* | Wed, Feb 19 | 1-2:30pm | \$10

195 | *Ticket to Ride* | Wed, Mar 19 | 1-2:30pm | \$10

234 | *Five Crowns* | Wed, Apr 16 | 1-2:30pm | \$10

Gather with others to learn a new game or play an old favorite.

116 | Estate Planning 101

Bernadette Sweeney, Elder Law Attorney

Thu, Jan 23 | 10:30am-12pm | \$18 | Zoom 

What is an estate plan, who needs one, and what documents do you need? (See related classes #127 & 206)

118 | Continuing Spanish 2 - Session 1

Lori Spak, Retired MCPS Spanish Teacher

Thu, Jan 23 – Apr 3 | 1-2pm | \$120

10 Sessions | At Oasis

Continuation of Beginning Spanish (Fall 2024). Interested new students should contact Oasis before registering.

930 | Craft and Connect

Lori Spak, Host

Thu, Jan 23 – Apr 24 | 2:30-4pm | \$30

13 Sessions | At Oasis

Bring your own project (e.g., knitting, crocheting, paper arts, etc.) and craft alongside fellow makers in a supportive space.

121 | Bonjour! French Conversation Group

Michele Egan, Host

Mon, Jan 27 – Feb 24 | 1:30-2:30pm | \$20

4 Sessions | At Oasis

This group will be facilitated by a native French speaker and is for people who have at least an intermediate speaking level.

123 | Advanced Beginner Bridge

Gary Cahn, Computer Instructor


Tue, Jan 28 – Mar 4 | 10:30am-12:30pm | \$144

6 Sessions | At Oasis

If you've taken Beginner Bridge, join us at the next level!

127 | Top 10 Estate Planning Mistakes

Bernadette Sweeney, Elder Law Attorney

Thu, Jan 30 | 10:30am-12pm | \$18 | Zoom 

How to ensure your wishes and preferences are honored. (See related classes #116 and 206)

135 | AARP Smart Driver Course

Michael J. Ackerman, AARP Volunteer Instructor

Thu, Feb 6 | 10:30am-4pm | \$20/\$25 (payable to AARP at time of class) | At Oasis

Drivers who complete this course may receive a discount on auto insurance, depending on state regulations.

140 | Chatbot Basics: Getting Started with AI Assistants

Deeva Garel and Victor Rezmovic, Technology Instructors

Mon, Feb 10 | 10:30am-12pm | \$18 | Zoom 

Discover smart and safe ways to use this tool in daily life.

142 | Cutting the Cord: Alternatives to Cable TV

Victor Rezmovic, Computer Instructor

Tue, Feb 11 | 10:30am-12pm | \$18 | At Oasis/Zoom *Everything you need to know to take the plunge and cut the cord.***171 | Learn to Play Mah Jongg!**


Nancy Kay, Mah Jongg Instructor

Mon, Mar 3 – Apr 7 | 10:30am-12:30pm | \$155**6 Sessions | At Oasis***Learn the ‘great game of China.’***196 | AARP Driver TEK: Car Safety and Technology**

Michael J. Ackerman, AARP Volunteer Instructor

Thu, Mar 20 | 10:30am-12pm | Free | At Oasis*How to use high-tech safety features in your current car and what to look for when shopping for a new car.***206 | Powers of Attorney: What are They and Why Do I Need One?**

Bernadette Sweeney, Elder Law Attorney

Thu, Mar 27 | 10:30am-12pm | \$18 | Zoom *Learn about these most important of estate planning documents. (See related classes #116 and 127)***240 | Mah Jongg: The 2025 Card**

Nancy Kay, Mah Jongg Instructor

Mon, Apr 21 | 10:30am-12pm | \$20 | At Oasis*Compare the new card to last year’s card and learn about new hands, too.***243 | Continuing Spanish 2 - Session 2**

Lori Spak, Retired MCPS Spanish Teacher

Thu, Apr 24 – Jun 5 | 1-2pm | \$84 | 7 Sessions | At Oasis*Continuation of Continuing Spanish 2 - Session 1.*

Science, Math & Nature

108 | Einstein vs. the Nazis

Steven Gimbel, PhD, Gettysburg College

Thu, Jan 16 | 1-2:30pm | \$18 | Zoom *We’ll explore the intellectual roots of Einstein’s political ideas and discuss his history of activism.***197 | Marie Curie: Love and Atoms**

Steven Gimbel, PhD, Gettysburg College

Thu, Mar 20 | 1-2:30pm | \$18 | Zoom *Despite facing misogyny and bigotry her entire life, she managed to change physics and chemistry forever.***147 | Alan Turing and How Artificial Intelligence Defeated the Nazis**

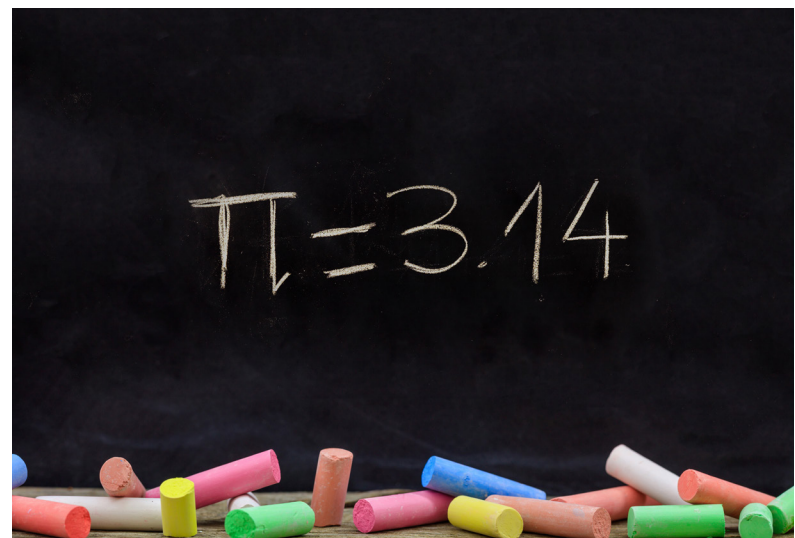
Steven Gimbel, PhD, Gettysburg College

Thu, Feb 13 | 1-2:30pm | \$18 | Zoom *In constructing a machine to crack the Enigma code, Turing was also hoping to create artificial life. Learn why!***236 | Werner Heisenberg: Science and Politics in Nazi Germany**

Steven Gimbel, PhD, Gettysburg College


Thu, Apr 17 | 1-2:30pm | \$18 | Zoom *How do we make sense of his defense of Einstein yet his status as a German patriot?***184 | Explore the Pleasures of Pi**

Dan Sherman, PhD

Wed, Mar 12 | 1-2:30pm | \$18 | At Oasis/Zoom *Whether you’re a math enthusiast or a total beginner, this class will reveal the magic and mystery of pi in a simple and accessible way.*

Theatre, Music & Film

101 | With a Song in My Heart: A History of Singing in the Movies

Brian Rose, Professor (ret.), Fordham University
Tue, Jan 14 | 1-2:15pm | \$15 | Zoom 

How did the film industry make music come alive on the big screen?

105 | From Silver Spring to the Silver Screen

Ralph D Buglass, Montgomery History
Wed, Jan 15 | 1-2:30pm | \$18 | At Oasis/Zoom 


Montgomery County's own movies and famous stars that you never knew were local!

107 | American Songbook and the Art of Interpretation: Ella vs Frank

Julie Kurzava, Faculty, Loyola University
Thu, Jan 16 | 10:30am-12pm | \$18 | At Oasis/Zoom

We'll compare performances to see how they made musical standards their own. (See also class #146 and 154)

114 | Giants of Klezmer

Seth Kibel, Musician and Composer
Wed, Jan 22 | 10:30am-12pm | \$18 | At Oasis/Zoom 

The story of two Lower East Side immigrants who dominated on the clarinet: Naftule Brandwein and Dave Tarras.

130 | A Celebration of Latin American Music

Vladimir Fridman, Guitarist and Composer
Mon, Feb 3 | 1-2:30pm | \$18 | At Oasis

Join us for an immersive experience into the melodies, rhythms, and histories that have shaped this unique musical landscape.

134 | Beethoven's 9th Symphony: A Monumental Masterpiece

Dan Sherman, PhD
Wed, Feb 5 | 1-2:30pm | \$18 | At Oasis/Zoom 

This revolutionary masterpiece called for peace and unity.

146 | Ella Fitzgerald: First Lady of Song

Seth Kibel, Musician and Composer
Thu, Feb 13 | 10:30am-12pm | \$18 | At Oasis/Zoom 

Her career had its ups and downs but ended on a high note! (See also class #107)



154 | American Songbook and the Art of Interpretation: Old vs New

Julie Kurzava, Faculty, Loyola University
Thu, Feb 20 | 10:30am-12pm | \$18 | At Oasis/Zoom

We'll compare great performances by contemporary performers with those of an earlier generation. (See also class #107)

170 | Musician Mecca: Washington, DC

Daryl Davis, Musician
Mon, Mar 3 | 10:30am-12pm | \$18 | At Oasis/Zoom


Find out which great artists of many musical genres came out of the DC area.

176 | We Shall Overcome: Socially Conscious Songs of the 20th Century

Cantor Caron Dale
Wed, Mar 5 | 1-2:30pm | \$20 | At Oasis


Explore the history behind iconic songs that fueled movements for civil rights, peace and equality. Sing along if you wish!

177 | Dmitri Shostakovich: Musical Conscience of a Nation

David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps
Thu, Mar 6 | 10:30am-12pm | \$18 | At Oasis/Zoom 

Behind the beautiful and evocative music of this Soviet composer often lies a series of hidden messages.

204 | Who Sang It Best? Part 1: Sopranos and Mezzos

Ernest Liotti, Faculty, Peabody Institute
Wed, Mar 26 | 1-2:30pm | \$18 | At Oasis/Zoom 

A variety of historic recordings will be put to the test – and YOU will decide which ones you liked the most. (See also class #225)

214 | Leonard Cohen and Quincy Jones: Musical Depths

Daryl Davis, Musician
Wed, Apr 2 | 1-2:30pm | \$18 | At Oasis/Zoom


Both artists crafted works of extraordinary influence, shaping the cultural landscape in unique ways.

216 | The Extraordinary Glenn Gould

Dan Sherman, PhD
Thu, Apr 3 | 1-2:30pm | \$18 | At Oasis/Zoom 

Discover the genius of Glenn Gould, the Canadian pianist who captivated the world with his extraordinary performances and unconventional life.

225 | Who Sang It Best? Part 2: Tenors and Basses

Ernest Liotti, Faculty, Peabody Institute
Wed, Apr 9 | 1-2:30pm | \$18 | At Oasis/Zoom 

A variety of historic recordings will be put to the test – and YOU will decide which ones you liked the most. (See also class #204)

235 | Gilbert and Sullivan: Pirates Return to Broadway!

Julie Kurzava, Faculty, Loyola University
Thu, Apr 17 | 10:30am-12pm | \$18 | At Oasis/Zoom

Dive into the rocky partnership of Gilbert and Sullivan, creators of timeless comic operas like 'The Pirates of Penzance,' set for a Broadway revival in spring 2025.

Volunteer Events

A special thank you to ALL of our Oasis Volunteers!
 Within the walls of Oasis and beyond, we appreciate all you do to serve our community!

129 | Oasis Volunteer Event at Manna Food Center
Fri, Jan 31 | 10am-12pm | Free | Trip

Help sort food at Manna, which distributes 12,000 pounds of food daily.

185 | Oasis Volunteer Event at Comfort Cases
Thu, Mar 13 | 10am-12pm | Free | Trip

Comfort Cases provides essential items to children being placed in foster care.

210 | Oasis Volunteer Event at A Wider Circle
Mon, Mar 31 | 1-3pm | Free | Trip

Help sort donations and stock showrooms for neighbors seeking to rise out of poverty.

224 | Tour of the Supreme Court

Supreme Court Docent

Wed, Apr 9 | 11am-12pm | \$30



Exclusive tour exploring the Court's history, architecture, and inner workings. Participants are responsible for their own transportation. Limit 10.

The class fee will be used to cover Washington Metro Oasis's administrative costs. Neither Oasis nor the Court is profiting from this tour.



Oasis Class Registration

Mail registrations to : Oasis, c/o Macy's Home Store • 7125 Democracy Blvd • Bethesda, MD 20817

Duplicate copies of this form can be printed from the Oasis website.

Name _____
(Please print clearly) (Last Name) (First Name) (MI)

Address _____ City _____ State _____ Zip _____

Phone Number _____ Cell Phone _____

Email Address _____

New Participants: Date of Birth ____/____/____ How did you hear about Oasis? _____

Class #	Class Title	Fee
Tax Deductible Donation:		
Total:		

Please charge my credit card: VISA MasterCard Discover


Card #: _____ Exp. Date: _____ CVV _____

Signature: _____

Enclosed is my check payable to Oasis Check # _____ Cash

WAIVER OF LIABILITY

I, for myself and my executors, administrators and assignees do hereby release and discharge Oasis and Macy's Inc. and all other sponsors, supporters, and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis and/or Macy's Inc. including but not limited to: educational, cultural, volunteer, physical-fitness-related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that all program fees are non-refundable except as provided in the Oasis refund policy. I give permission for The Oasis Institute to photograph or videotape me and to use my name and image in Oasis materials and publicity. I agree to follow all covid-related health and safety guidelines as indicated on the Oasis website.

Signature: _____  Date: _____

Emergency Contact: _____ Relationship: _____ Phone#: _____

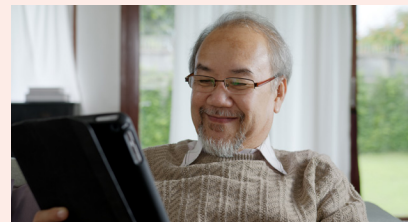
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**It just got easier to watch
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This winter, we are launching a pilot program to record our lectures in case you have to miss one. Here's what to expect...

- Most lecture-based classes will be recorded (unless the instructor has opted out).
- If a class is going to be recorded, it will be notated by an icon in the catalog as well as in the class listing on our website.
- You must be signed up for the class before it begins in order to request the class recording.
- Recordings will be sent by request; email us *after the class* at washingtonmetro@oasisnet.org.
- Requests will be honored within 2 weeks following the original class date.
- The recording will be available to stream for one month.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.