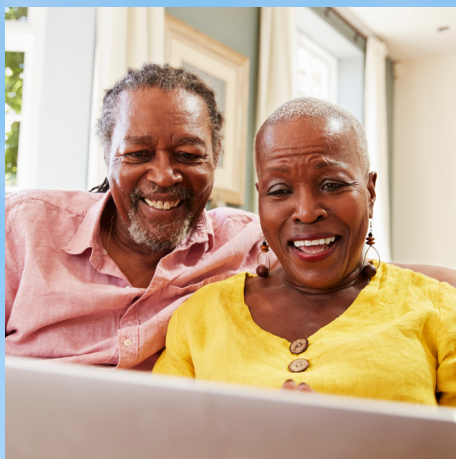


STAY ACTIVE, HEALTHY AND ENGAGED!



CLASS CATALOG SUMMER 2025

ART • CURRENT EVENTS • HISTORY • MUSIC • EXERCISE • TOURS • VOLUNTEERING • AND MORE...

Welcome to Washington Metro Oasis!



We are a vibrant community **open to everyone** aged 50 and older, embracing all backgrounds, incomes, genders, races, and religions.

Our mission is to promote healthy aging through:

- **Lifelong Learning:** Unleash your intellectual curiosity.
- **Health and Fitness:** In partnership with top-ranked Suburban Hospital, Johns Hopkins Medicine, we offer exceptional wellness programs.
- **Meaningful Volunteer Opportunities:** Make a difference and stay connected by supporting causes that matter to you.

We offer **flexible, single- and multi-session classes**, both online and in-person, making lifelong learning accessible, affordable and convenient.

On the following pages, please find our **Summer 2025 catalog**.

If you need help with registration, feel free to contact us or visit our center. Our office hours and contact details are listed on the right.

We look forward to learning and connecting with you this summer—in person or online!

Note: If you are experiencing a financial challenge and find yourself unable to afford Oasis classes, please make an appointment to speak with a staff member so we can work with you to find a solution.

*-Janice,
Kathleen &
Leah*

CONTACT US

Washington Metro Oasis
Macy's Home Store (2nd Floor)
Westfield Montgomery Mall
7125 Democracy Blvd
Bethesda, MD 20817

- 240-800-3745**
- washington-metro.oasisnet.org**
- washingtonmetro@oasisnet.org**

HOURS

Mon – Thu, 10:00am – 4:00pm
Oasis will be closed May 26 & July 4

OASIS STAFF

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TABLE OF CONTENTS

FAQs.....	3
Art & Art Appreciation.....	4
Current Events.....	4-5
Discussion Groups.....	6
Health & Fitness.....	7-8
History.....	9-10
Humanities.....	10-11
Practical Information.....	11-12
Theatre, Music, Film & TV.....	13-14
Volunteer Events & Tours.....	14
Registration Form.....	15
Class Recording Information.....	Back Cover

Oasis FAQs

HOW DO I GET YOUR LATEST OFFERINGS AND UPDATES?

- To receive our e-newsletter, go to our website and click the red **Join Our Mailing List** button or give us a call.
- To receive future catalogs by mail, please create an Oasis account by going to our website and clicking on the red **My Account** button.

ARE YOUR CLASSES IN-PERSON OR ONLINE?

- Oasis offers classes in-person at Oasis, online via Zoom and in a hybrid format (both in-person and online). The class format is listed next to the class fee in this catalog and on our website.

ARE YOUR CLASSES RECORDED?

- Oasis records many of our online and hybrid classes.
- To learn more about our class recording policy, see the back cover of this catalog.

HOW DO I REGISTER?

- Register online anytime via our website.
 - Sign into your Oasis account (or create a new account if you don't have one)
 - To sign up for a class, click **Add to Cart**.
 - To pay for classes, click **View Cart** and then **Proceed to Checkout** and pay with your credit card. We accept Visa, MasterCard and Discover.
- **Prefer mail-in or drop-off registration?** Use the form on page 15.
- If attending an online class with a partner or friend, please register for two seats.
- If you see a Washington Metro Oasis class on the Oasis Everywhere website, please register for it on our Washington Metro Oasis website.

HOW DO I FIND A LIST OF MY CLASSES AND ZOOM LINKS?

- Sign into your Oasis account and click the red button that says **View class/term receipt**.
- You will see a list of your current classes and Zoom links for all online classes.

CAN I REQUEST A REFUND IF I MISS A CLASS?

- Oasis class fees are non-refundable unless Oasis cancels a class. If you can't attend a class you have registered for, you are welcome to give your class space to a friend.

Art & Art Appreciation

316 | Gustav Klimt: Gold, Beauty and Scandal

Joan Hart, Art History Instructor, Museum One, Inc.

Wed, May 21 | 1-2:30pm | \$18 | At Oasis/Zoom

A retrospective of his often dramatic (and sometimes scandalous) life and career.

324 | The Group of Seven:

Canada's Pioneers of Landscape Art

Joan Hart, Art History Instructor, Museum One, Inc.

Wed, May 28 | 1-2:30pm | \$18 | At Oasis/Zoom

Their colorful depictions of the forests and mountains of their native country led to the establishment of a national art.

350 | Watercolor Workshop:

Painting with Light, Inspired by Berthe Morisot

Martina Sestakova, Art Educator, Designer & Painter

Mon, Jun 16 | 2-3:30pm | \$30 | At Oasis

Learn the basics of watercolors and create a unique composition; all skill levels welcome. (See related class #360)

360 | Watercolor Workshop:

Bold & Flowing, Inspired by Georgia O'Keeffe

Martina Sestakova, Art Educator, Designer and Painter

Mon, Jun 23 | 2-3:30pm | \$30 | At Oasis

Learn the basics of watercolors and create a unique composition; all skill levels welcome. (See related class #350)

404 | John Singer Sargent:

Evocative Portraits of High Society

Bonita Billman, Art History Lecturer

Thu, Jul 24 | 1-2:30pm | \$18 | Zoom

The American expatriate and undisputed premier portraitist of Gilded Age society.

422 | Living in Jane Austen's World:

Regency-Era Art and Architecture

Bonita Billman, Art History Lecturer

Thu, Aug 7 | 1-2:30pm | \$18 | Zoom

Discover the art, architecture, and trends that shaped the world of Jane Austen's novels.

Current Events

315 | 1L in a Nutshell, Part 5: Contract Law

John McCarthy, Montgomery County State's Attorney

Wed, May 21 | 10:30am - 12pm | \$18 | At Oasis/Zoom

Understanding how contracts work can protect you in a wide variety of circumstances. **Save \$6 when you also sign up for related class #352.**

330 | U.S. and Latin America:

Unraveling the Past, Shaping the Future

Dr. Michael Kryzanek, Bridgewater State University

Mon, Jun 2, 9 & 16 | 1-2pm | \$36 | 3 sessions | Zoom 

From the Monroe Doctrine to the Cold War, to modern day issues of the border, migration, crime and trade, we'll unpack the pivotal moments and evolving dynamics that continue to shape U.S.-Latin American relations. See related classes #312 (in History section) and 331.

331 | Immigration in America:

Myths, Realities, and Challenges

Ernesto Castaneda, Director, Immigration Lab and the Center for Latin American and Latino Studies, American University

Tue, Jun 3 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

A talk tailored to be non-partisan and accessible to all. See related classes #312 (in History section) and 330.

343 | Cryptocurrency: Future of Money or Fleeting Fad?

Owen Ullmann, Journalist and Author

Wed, Jun 11 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

Will crypto eventually replace dollars, euros, yen and Swiss francs? Or not?

345 | The New Politics of Public Health

Richard H. Hughes IV, JD, MPH, GW Law School

Thu, Jun 12 | 1-2:15pm | \$15 | Zoom 

Examine the evolving landscape, potential policy shifts, and their impact on public health in the years ahead.

352 | 1L in a Nutshell, Part 6: Property Law

John McCarthy, Montgomery County State's Attorney

Wed, Jun 18 | 10:30am - 12pm | \$18 | At Oasis/Zoom

*Discover how property law shapes ownership, rights, and daily life. **Save \$6 when you also sign up for related class #315.***

353 | Modern Syria's Struggle for Justice and Freedom

Dr. Daniel Neep, Brandeis University

Wed, Jun 18 | 1-2:15pm | \$15 | At Oasis/Zoom 

This is a story of protest and perseverance in the long fight to reshape the political destiny of Syria.

391 | Trump and the World: What's Next for US Foreign Policy?

Garret Martin, Co-Director, Transatlantic Policy Center, AU

Tue, Jul 15 | 1-2:30pm | \$18 | At Oasis/Zoom

We'll break down his moves, shake-ups, and what's next for Ukraine, China, and the Middle East.

392 | Maryland Legislative Update

John McCarthy, Montgomery County State's Attorney

Wed, Jul 16 | 10:30am - 12pm | \$18 | At Oasis/Zoom

A focus on the most important new laws adopted during the 2025 legislative session.

400 | Taiwan: The Next Global Flashpoint?

Owen Ullmann, Journalist and Author

Tue, Jul 22 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

This tiny island is a powder keg yet there are compelling reasons for an uneasy status quo to persist.

430 | The Rise of the Skyscraper

Bill Keene, Urban Historian

Tue, Aug 12 | 1-2:30pm | \$18 | Zoom

From their late 19th century origins to the current race for the tallest in Asia, the Mideast, and Manhattan.



431 | Supreme Court 2024-2025 Session Update

John McCarthy, Montgomery County State's Attorney

Wed, Aug 13 | 10:30am - 12pm | \$18 | At Oasis/Zoom

Special emphasis will be placed on evolving trends and voting blocks on the Court.



Look for this icon next to classes that will be recorded.

You must be registered for a class before it begins in order to request access to the class recording.

Discussion Groups



Oasis Discussion Groups engage in conversations on a wide variety of political, cultural, and newsworthy topics, as well as other issues of common interest selected by the group. Every group has a different “flavor” so we invite you to try a group first to make sure it’s a good match. If you’d like to try an ongoing discussion group before signing up, please email us: washingtonmetro@oasisnet.org

910 | Men’s Discussion Group (A)

Mon, May 5 - Aug 25 | 10:30am - 12pm | \$30 | Zoom

911 | Bethesda Men’s Discussion Group (A)

Mon, May 5 - Aug 25 | 10:30am - 12pm | \$30 | Zoom

912 | Men’s/Women’s Discussion Group (B)

Tue, 10:30am - 12pm & Fri, 12:30-2pm | May 6 - Aug 29
\$30 | Zoom

913 | Men’s/Women’s Discussion Group (A)

Tue, May 6 - Aug 26 | 1-2:30pm | \$30 | Zoom

914 | In-Person Men’s Discussion Group

Wed, May 7 - Aug 27 | 1-2:30pm | \$30 | At Oasis

916 | Men’s Discussion Group (B)

Thu, May 8 - Aug 28 | 1-2:30pm | \$30 | Zoom

917 | Bethesda Men’s Discussion Group (B)

Fri, May 9 - Aug 29 | 10-11:30am | \$30 | Zoom

915 | Women’s Discussion Group

Libby Merrill, Facilitator

Thu, May 15, Jun 19, Jul 17 | 10:30am - 12pm | \$20
3 sessions | At Oasis

322 | Banned Book Discussion: *Invisible Man* by Ralph Ellison

Jonina Duker, Certified Book Discussion Leader

Tue, May 27 | 3-4:30pm | \$18 | Zoom

National Book Award winner about a Black man’s experiences of race and identity.

362 | Classic Favorites Book Discussion: *House of God* by Samuel Shem

Jonina Duker, Certified Book Discussion Leader

Tue, Jun 24 | 3-4:30pm | \$18 | Zoom

This 1978 novel changed medical education in the USA.

401 | Book Discussion:

***By Any Other Name* by Jodi Picoult**

Jonina Duker, Certified Book Discussion Leader

Tue, Jul 22 | 3-4:30pm | \$18 | Zoom

This historical novel highlights a woman who may have been Shakespeare’s Dark Lady. See related class #344 (in Humanities section).

440 | Book Discussion: *Master Slave Husband Wife: An Epic Journey from Slavery to Freedom* by Ilyon Woo

Jonina Duker, Certified Book Discussion Leader

Tue, Aug 19 | 3-4:30pm | \$18 | Zoom

Pulitzer Prize-winning biography of a couple who escape slavery in a most unusual way.



Health & Fitness

Yoga Dance

Kathy Hankins, Certified Yoga and Meditation Instructor

900 | Monday Session 1 | May 5 - Jun 23 | 3-4pm | \$90
6 sessions | At Oasis

909 | Thursday Session 1 | May 8 - Jun 26 | 3-4pm | \$90
6 sessions | At Oasis

908 | Monday Session 2 | Jul 7 - Aug 11 | 3-4pm | \$90
6 sessions | At Oasis

919 | Thursday Session 2 | Jul 10 - Aug 14 | 3-4pm | \$90
6 sessions | At Oasis

*Recent research supports the hypothesis that dance and yoga reverse aging. **Save \$27 when you sign up for class #900 & #909 or #908 & #919.***

Chair Strength and Balance

Erika Campbell, Strength and Balance Instructor

906 | Session 1 | Tue, May 6 - Jun 24 | 1:30-2:30pm
\$120 | 8 sessions | Zoom

926 | Session 2 | Tue, Jul 1 - Aug 19 | 1:30-2:30pm
\$120 | 8 sessions | Zoom

Build endurance and support your balance in this chair-based strength class.

336 | Transform Your Sleep with the Sounder Sleep System®

Alison Babil, Guild Certified Feldenkrais® Practitioner

Wed, Jun 4 - Jul 23 | No class Jun 18 | 4-5:30pm | \$126
7 sessions | Zoom 

Learn simple, gentle movements designed to bring profound mental and physical rest.

Build Better Balance

Erika Campbell, Strength and Balance Instructor

903 | Session 1 | Fri, May 9 - Jun 27 | 1:30-2:30pm
\$120 | 8 sessions | Zoom

923 | Session 2 | Fri, Jul 11 - Aug 22 | 1:30-2:30pm
\$105 | 7 sessions | Zoom

Learn practical strategies for preventing falls while enjoying some fun balance and coordination exercises.



Have a Ball with Cardio Drumming

Larissa Johnson, Fitness Instructor

905 | Session 1 | Fri, May 9 - Jun 27 | 10:15-11:15am
\$120 | 8 sessions | At Oasis

925 | Session 2 | Fri, Jul 11 - Aug 15 | 10:15-11:15am
\$90 | 6 sessions | At Oasis

A fun, easy, and effective workout, mostly seated with optional standing activities.

901 | Caregivers Support Group

Erica Greenspan, LCSW-C, LICSW

Wed, May 7 - Aug 13 (bi-weekly) | 11am-12pm | Free | 8 sessions | Zoom


*Learn from and connect with others who are also caring for a loved one.
This group is sponsored by Family & Nursing Care.*






These classes are brought to you by
Suburban Hospital's *WellWorks* program.

319 | Chronic Illness and Resiliency

Chaplain Philip Ridley, Suburban Hospital
Thu, May 22 | 1-2pm | Free | Zoom 

Gain valuable insights about how to cultivate resilience amidst the challenges of living with a chronic illness.

365 | Sleep Hygiene: Unlocking the Secrets to Better Sleep

Leni Barry, MA, BSN, RN-BC
Thu, Jun 26 | 1-2pm | Free | Zoom 

Learn principles to transform your sleep habits, enhance your physical and mental well-being, and help you wake up feeling refreshed.

902 | Memory Café - Support Group

Volunteers, Alzheimer's Association, National Capital Area
Fri, May 2, Jun 6, Jul 11, Aug 1 | 2-3pm | Free
4 sessions | Zoom

Meet and spend time with others also experiencing a similar journey with memory loss.



Join us virtually to get active, learn simple tips for making healthy choices and engage with chefs in a live cooking demonstration.

Stroke Smart or Act FAST

May 28 | 6:00 - 7:30pm | Free | Online via Zoom

Mind Matters:

Signs & Symptoms of Alzheimer's Disease

Jun 25 | 6:00 - 7:30pm | Free | Online via Zoom

Hydrate to Feel Great

Jul 23 | 6:00 - 7:30pm | Free | Online via Zoom

The Rundown on Sleep

Aug 27 | 6:00 - 7:30pm | Free | Online via Zoom

How to register for Dine, Learn & Move

Send an email to wellnessinfo@co.pg.md.us. Include your first and last name and the date of the session you are interested in joining. Once registered, you will receive a confirmation and Zoom link via email.

311 | Advocating for Yourself (or Others) in the Hospital

Steve Lorberbaum, Owner, Assisting Hands Home Care Potomac
Mon, May 19 | 1-2:15pm | Free | At Oasis/Zoom 

Learn how to be a strong advocate ready to support yourself or a loved one. This class is sponsored by Assisting Hands Home Care Potomac.



History

301 | The Early History of Potomac

Ralph D Buglass, Montgomery History

Tue, May 13 | 10:30am - 12pm | \$18 | At Oasis/Zoom 


The dramatic history one of the wealthiest suburbs of the nation's capital.

310 | Working 9 to 5:

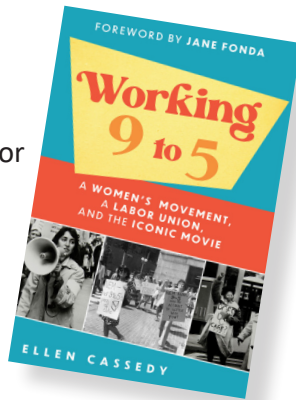
A Women's Movement, a Labor Union, and the Iconic Movie

Ellen Cassedy, Organizer and Author

Mon, May 19 | 10:30-11:30am

\$12 | Zoom 

Hear about the '9 to 5' movement from one its founders!



312 | Not Like My Grandparents? Today's Immigrants in Perspective

Tyler Anbinder, George Washington University

Tue, May 20 | 10:30-11:45am | \$15 | At Oasis/Zoom 

How similar are the experiences of our immigrant ancestors to those of current immigrants to the U.S.? See related classes #330 and 331 (in Current Events section).

318 | The Women Behind George Washington

Denver Brunsman, George Washington University

Thu, May 22 | 1-2:30pm | \$18 | At Oasis/Zoom 

Washington credited numerous women as "the best patriots" who helped build the new United States of America.

321 | Lessons from America's Gilded Age

Allen Pietrobbon, Asst. Professor, Trinity University

Tue, May 27 | 1-2:30pm | \$18 | At Oasis/Zoom 

Learn about political, social and economic disruptions remarkably similar to those of today.

323 | Unveiling the Mysteries of Machu Picchu

George Scheper, PhD, JHU

Wed, May 28 | 10:30am - 12pm | \$18 | Zoom

Take a virtual tour this spectacular UNESCO World Heritage site, one of the New Seven Wonders of the World.

325 | Saving Lives During World War II: The Emergency Refugee Shelter at Fort Ontario

Cynthia Peterman, Museum Teacher Fellow, US Holocaust Memorial Museum

Thu, May 29 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

Why was this refuge opened so late in the war, why there was only one place in the U.S. for refugees, and what was life like there?

327 | Behind the White House Curtain

Steve Herman, Voice of America

Thu, May 29 | 1-2pm | \$12 | At Oasis/Zoom 

Explore the inner workings of the White House press corps in the context of the relationship between presidents and the press, from George Washington to Donald Trump.

332 | The Road to Revolution: America, 1763-1776

Richard Bell, Professor of History, University of Maryland

Tue, Jun 3 - 24 | 1-2:30pm | \$72 | 4 sessions | Zoom 

We will examine four of the extraordinary events that turned thirteen loyal British colonies into a united confederation willing to go to war to achieve independence.

351 | Machiavelli: Misunderstood Patriot?


David B Lindauer, Lt. Colonel (Ret.), US Army Signal Corps

Tue, Jun 17 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

A look at Machiavelli in context to broaden our understanding of this iconic writer and political thinker.

363 | The Internet Goes Mainstream: Remembering 1995

W. Joseph Campbell, PhD, American University

Wed, Jun 25 | 10:30-11:45am | \$15 | Zoom 

1995 is referred to as "the year the future began," when the internet entered the mainstream.

402 | The Montgomery County Poor Farm: Its History and People


Julianne Mangin, Local Historian and Author

Wed, Jul 23 | 10:30-11:30am | \$12 | At Oasis/Zoom

Stories of conditions and attempts at reform in the Almshouse for the County's poor.

403 | St. Elizabeths Hospital: History of a Community


Thomas Otto, Planner, Historic Preservationist, Historian

Thu, Jul 24 | 10:30-11:45am | \$15 | Zoom 

This iconic DC facility was hospital, home and village for thousands of patients and staff.

421 | The New Deal Transformation of Washington's Art and Architecture

Judy Scott Feldman, PhD, Art Historian

Tue, Aug 5 | 1-2:30pm | \$18 | At Oasis/Zoom 


New Deal projects had a long-lasting impact on the look and feel of the nation's capital. (See related Trip #366)



Humanities

306 | The Afterlife: Biblical Views and Beyond

Gideon Amir, Hebrew Scholar

Thu, May 15 | 10:30am - 12pm | \$18 | Zoom 

What do all three monotheistic religions have to say?

313 | Origins of Western Thought, Part 1: The Early Thinkers

Steven Gimbel, PhD, Gettysburg College

Tue, May 20 | 1-2:30pm | \$18 | Zoom 

The founding of Western thought traces back to the 4th century B.C.E. Save \$12 when you also sign up for related classes #354, 395, 432.

326 | Misunderstood and Ambiguous: Rethinking Biblical Texts

Gideon Amir, Hebrew Scholar

Thu, May 29 - Jun 12 | 10:30am - 12pm | \$54
3 sessions | Zoom 

We will explore biblical texts that are often misinterpreted or are more nuanced than they appear.

344 | Shakespeare's Sonnets: 400 Years of Timeless Love

Liza Achilles, Author and Blogger

Wed, Jun 11 | 1-2:30pm | \$18 | At Oasis/Zoom 

The life and times of Will Shakespeare and why his poetry has stood the test of time. (See related book discussion #401)

354 | Origins of Western Thought, Part 2: Plato's Quest for Truth

Steven Gimbel, PhD, Gettysburg College

Thu, Jun 19 | 1-2:30pm | \$18 | Zoom 

Plato's dialogues explored justice, beauty, and the nature of reality. Save \$12 when you also sign up for related classes #313, 395, 432.

364 | Robert Frost: America's Last Beloved Poet

Michael L. Manson, Fmr. President, Robert Frost Society

Wed, Jun 25 | 1-2:30pm | \$18 | At Oasis/Zoom 

The life, biography, and historical context of America's most popular poet.

395 | Origins of Western Thought, Part 3: Aristotle

Steven Gimbel, PhD, Gettysburg College

Thu, Jul 17 | 1-2:30pm | \$18 | Zoom 

Aristotle constructed the intellectual foundations of virtually every academic field from physics to economics. Save \$12 when you also sign up for related classes #313, 354, 432.

432 | Origins of Western Thought, Part 4: Epicurus and the Stoics

Steven Gimbel, PhD, Gettysburg College

Thu, Aug 14 | 1-2pm | \$18 | Zoom 

What can we learn from these ancients about life and happiness? Save \$12 when you also sign up for related classes #313, 354, 395.

Practical Information

930 | Craft and Connect

Lori Spak, Host

Thu, May 1 - Aug 28 | 2:30-4pm | \$30 | At Oasis

Bring your own project and craft alongside fellow makers in a supportive space.

920 | Mah Jongg Practice Group

Oasis Members

Mon, May 5 - Aug 25 | 1-2:30pm | \$30 | At Oasis

Practice your skills with other advanced-beginner and intermediate players.

290 | Learn to Play Mah Jongg!

Nancy Kay, Mah Jongg Instructor

Mon, May 5 - Jun 16 | 10:30am-12:30pm | \$155

6 sessions | At Oasis

Learn the 'great game of China.'

922 | Bridge Practice Group

Oasis Members

Wed, May 7 - Aug 27 | 10:30am-12:30pm | \$30 | At Oasis

Practice your skills with other advanced-beginner and intermediate players.

320 | Downsizing Made Easy

Jan Brito, CEO, Capital Senior Solutions

Tue, May 27 | 10:30-11:30am | Free | At Oasis/Zoom 

If you or someone you know is preparing for a big move or considering next steps, don't miss this! This class is sponsored by Capital Senior Solutions.

Capital Senior Solutions

Make your next move with ease.

931 | Bonjour! French Conversation Group

Oasis Members

Mon, May 12 - Aug 11 | 1:30-2:30pm | \$30 | At Oasis

This group is for people who have at least an intermediate speaking level. It is not an instructional class.

921 | Canasta Practice Group

Oasis Members

Tue, May 13 - Aug 26 | 1-2:30pm | \$30 | At Oasis

Practice your skills with other beginner players.



334 | MC Police Commander Amy Daum: Safeguard Yourself from Crime!

Captain Amy Daum, Commander, 2nd District, MCPD

Wed, Jun 4 | 1-2pm | Free | At Oasis/Zoom 

Learn how to prevent identity theft, fraud and burglary from the top cop on our block.

340 | Beginner Canasta

Michele Heffner, Canasta Instructor

Tue, Thu, Jun 10 – 26 | 10:30am-12:30pm | \$150

6 sessions | At Oasis

Learn this old card game in its hot, new modernized version.

342 | Canasta Refresha':

Rules, Scores & Winning More

Michele Heffner, Canasta Instructor

Tue, Jun 10, 17 & 24 | 1:30-3:30pm | \$75

3 sessions | At Oasis

A review, plus tips and strategies to help you play better.

380 | AARP Smart Driver Course

Michael J. Ackerman, AARP Volunteer Instructor

Tue, Jul 8 | 10:30am-4pm | \$20/\$25 (payable to AARP at time of class) | At Oasis

Drivers who complete this course may receive a discount on auto insurance, depending on state regulations.

381 | AARP Driver TEK: Car Safety and Technology

Michael J. Ackerman, AARP Volunteer Instructor

Thu, Jul 10 | 10:30am - 12pm | Free | At Oasis

How to use high-tech safety features in your current car and what to look for when shopping for a new car.

394 | Demystifying the Cloud: What It Is and How to Use It

Victor Rezmovic, Technology Instructor

Thu, Jul 17 | 10:30am-12:30pm | \$24 | At Oasis/Zoom 

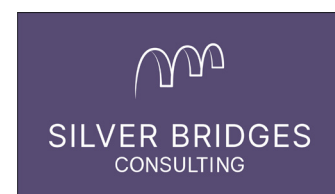
Gain a clearer understanding of the Cloud and how it can make your daily life easier!

361 | Navigating Senior Living: Understanding the Options

Kristy Kennedy and Ginger Noce, Co-Founders, Silver Bridges Consulting

Tue, Jun 24 | 10:30-11:45am | Free | At Oasis/Zoom 

Everything you want to know about senior living communities! This class is sponsored by Silver Bridges Consulting.



Theatre, Music, Film & TV

300 | A Capella Magic with 'Reverb'

'Reverb' Vocal Group

Mon, May 12 | 10:30-11:30am | Free | At Oasis

Treat your ears to a performance by this award-winning group. This event is made possible by Washington Performing Arts.



317 | Robert Johnson and Muddy Waters: Blues Legends

Seth Kibel, Musician and Composer

Thu, May 22 | 10:30am - 12pm | \$18 | At Oasis/Zoom 

Explore the music and lives of two of the most iconic 20th century bluesmen.

333 | Young Virtuosos Guitar Concert

Students of Vladimir Fridman, Guitarist and Composer

Wed, Jun 4 | 10:30-11:30am | Free | At Oasis

Experience the joy of music as talented young guitarists take the stage!

337 | Celebrating Callas – La Divina

Dan Sherman, PhD

Thu, Jun 5 | 1-2:30pm | \$18 | At Oasis/Zoom 

A celebrity known both for her singing and her tempestuous personal and professional life.

341 | Oscar Hammerstein:

The Heart of American Musical Theater

Julie Kurzava, Faculty, Loyola University

Tue, Jun 10 | 10:30am - 12pm | \$18 | At Oasis/Zoom

Celebrate a man who shaped the stage and touched hearts with his timeless artistry.

382 | From Mary Pickford to Meryl Streep: Hollywood's Star System and How It Works

Brian Rose, Professor (ret.), Fordham University

Thu, Jul 10 | 1-2:15pm | \$15 | Zoom 

We'll look at the evolution of 'the movie star.'

390 | Master of the 88's: Oscar Peterson at 100

Seth Kibel, Musician and Composer and

Harry Appelman, Pianist

Tue, Jul 15 | 10:30am - 12pm | \$20 | At Oasis/Zoom 

Celebrate this genius of jazz piano in story and live performance.

393 | A Short History of Film Music

Dan Sherman, PhD

Wed, Jul 16 & 23 | 1-2:30pm | \$36 | 2 sessions

At Oasis/Zoom 

Movies have given us some of the most beloved music of the past 100 years. The first session will cover films through 1960; the second session from the 1970's and hereafter.

410 | A Conversation with DC Broadcast Legend Arch Campbell

Arch Campbell, Reporter and Critic

Tue, Jul 29 | 1-2pm | \$12 | At Oasis/Zoom 

Arch shares how he inadvertently became an entertainment reporter and joined one of the country's most successful on-air collaborations.

411 | Weaving Stories with Music:**Vivaldi, Berlioz and More**

Ernest Liotti, Faculty, Peabody Institute

Wed, Jul 30 & Aug 6 | 1-2:30pm | \$36 | 2 sessions**At Oasis/Zoom** *Feast your ears on music that goes beyond melody and rhythm to convey images, feelings, and stories. We'll cover examples from the Romantic period through modern day.***420 | Make 'Em Laugh: Humor in Music**

Julie Kurzava, Faculty, Loyola University

Tue, Aug 5 | 10:30am - 12pm | \$18 | At Oasis/Zoom*Enjoy the wit and humor of great songwriters like Porter, Gershwin, Rodgers, and Sondheim!*

Volunteer Events & Tours

**307 | Tour of Glenstone's Environmental Center:
Nurturing the Artistic Landscape**

Paul Tukey, Journalist, Author, HGTV host, Filmmaker

Thu, May 15 | 1-2:30pm | \$25 | Trip*Learn about sustainability efforts at Glenstone and stroll the museum grounds.***335 | Tour of the Supreme Court**

Supreme Court Docent

Wed, Jun 4 | 1-2pm | \$30 | Trip*Exclusive tour exploring the Court's history, architecture, and inner workings. The class fee will be used to cover Washington Metro Oasis's administrative costs. Neither Oasis nor the Court is profiting from this tour.***366 | Special Tour of the Department of the Interior:
Art, Architecture and Craft**

Tracy Baetz, Chief Curator

Thu, Jun 26 | 2-3:30pm | \$25 | Trip*Discover the art and architecture of this stunning, New Deal-era gem. See related class #421 (in History section). Please note that the class fee will be used to cover Washington Metro Oasis's administrative costs. Neither Oasis nor the Department of the Interior is profiting from this tour.***412 | Oasis Volunteer Event at A Wider Circle**

Wider Circle Volunteer Coordinator

Fri, Aug 1 | 10am-12pm | Free | Trip*Help sort donations and stock showrooms for neighbors seeking to rise out of poverty.*

TUTOR ■ MENTOR ■ MAKE A DIFFERENCE



Discover the joy of giving back to our community through volunteering with the Oasis Intergenerational Tutoring Program.

Work one-on-one with a child in a local public school as a tutor and mentor.

If you are interested in tutoring for the 2025-2026 school year, please contact Oasis Tutor Coordinator, Kathleen McDaniel at kmcdan10@jhmi.edu or **240-800-3745**.



OASIS CLASS REGISTRATION



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Name _____
(Please print clearly) (Last Name) (First Name) (MI)

Address _____ City _____ State _____ Zip _____

Phone Number _____ Cell Phone _____

Email Address _____

New Participants: Date of Birth ____/____/____ How did you hear about Oasis? _____

Class #	Class Title	Fee
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Total:		

☐ Please charge my credit card: ☐ VISA ☐ MasterCard ☐ Discover


Card #: _____ Exp. Date: _____ CVV _____

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☐ Enclosed is my check payable to Oasis Check # _____ ☐ Cash

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I, for myself and my executors, administrators and assignees do hereby release and discharge Oasis and Macy's Inc. and all other sponsors, supporters, and all agents and persons acting for and on behalf of such entities from all claims or damages, demands or actions whatsoever in any manner related to or growing out of my participation in programs sponsored by Oasis and/or Macy's Inc. including but not limited to: educational, cultural, volunteer, physical-fitness-related programs and travel in any form. I attest and verify that I have full knowledge of the risk involved in physical fitness activities and that I have obtained approval from my physician to participate in same. I understand that all program fees are non-refundable except as provided in the Oasis refund policy. I give permission for The Oasis Institute to photograph or videotape me and to use my name and image in Oasis materials and publicity. I agree to follow all covid-related health and safety guidelines as indicated on the Oasis website.

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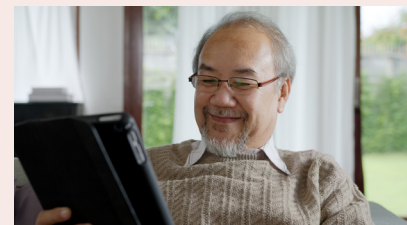
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Here's what you need to know about our class recording policy...

- Most lecture-based classes will be recorded (unless the instructor has opted out).
- If a class is going to be recorded, it will be notated by this icon in the catalog  as well as in the class listing on our website.
- You must be signed up for the class **before it begins** in order to request the class recording.
- To request a recording, email us **after the class** at washingtonmetro@oasisnet.org.
- You will receive the recording within 7 days of your request.
- The recording will be available to stream for 30 days after the class.
- A class recording is solely intended for the use of the person who signed up for the class and should not be shared.